



# Alaska Native Tribal Health Consortium

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## **Alaska Native Tribal Health Consortium to launch new Web site to educate youth on making healthy decisions about their sexual health**

**What:** An informative presentation on [www.iknowmine.org](http://www.iknowmine.org), the Alaska Native Tribal Health Consortium STD Program's new sexual health Web site, designed to educate youth and give teenagers and adolescents the tools necessary to make healthy decisions when it comes to sex.

**Why:** Alaska Native people experience high rates of STD and are at increased risk for HIV/AIDS. Alaska Native females have rates of chlamydia almost 10 times higher than the overall U.S. population and in 2008, gonorrhea rates rose 53% in Alaska Native males and 19% in Alaska Native females. Although HIV cases have historically been low in the Alaska Native population, rates continue to increase in both urban and rural and male and female populations. In 2008, the highest case rates were among young adults aged 15-24 years. Because of the connections between chlamydia and gonorrhea with pelvic inflammatory disease, ectopic pregnancy and infertility and the increased susceptibility of acquiring HIV when already infected with chlamydia or gonorrhea, it is important to build programs for addressing this important issue.

**When:** 12 pm.-1 p.m. Friday, Dec. 4

**Where:** The Alaska Native Tribal Health Consortium, located at 4000 Ambassador Drive in conference room number two on the first floor.

**Who:** Jessica Leston and Connie Jessen with the Alaska Native Tribal Health Consortium's Division of Community Health Services will be presenting more information on this valuable program.

Iknewmine.org is intended to give teenagers and adolescents the tools necessary to make healthy decisions when it comes to sex.

On [iknowmine.org](http://iknowmine.org) youth can:

- Order condoms
- Order chlamydia and gonorrhea home testing kits
- Ask sexual health questions to Anchorage-based providers
- Find specific information on STDs, HIV, unplanned pregnancy and related issues
- Find HIV/STD testing locations throughout Alaska
- Request testing appointments
- Watch videos and read stories about STDs/HIV and unplanned pregnancy
- Participate in polls, surveys and a blog

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## **About the Alaska Native Tribal Health Consortium**

The Alaska Native Tribal Health Consortium is a non-profit health organization owned and managed by Alaska Native tribal governments and their regional health organizations. For more information, please visit [www.anthc.org](http://www.anthc.org).