

Center for Epidemiologic Studies Depression Scale (CES-D)/Monitoring Flow Sheet:

Patient Name _____ Phone _____ Patient ID _____

Currently on antidepressant? Yes ___ No ___ Antidepressant/Dose _____

Prior history of depression? Yes ___ No ___ Prior Antidepressant use? Yes ___ No ___

Antidepressant/Dose _____

Month of Treatment	Date of Test	Your Initials	CES-D Score	Score>16? Yes/No	Intervention or Antidepressant/Dose
Baseline					
Month 1					
Month 2					
Month 3					
Month 4					
Month 5					
Month 6					
Month 7					
Month 8					
Month 9					
Month 10					
Month 11					
Month 12					

Center for Epidemiologic Studies Depression Scale (CES-D) Scoring

The CES-D consists of 20 questions. Patients are instructed to circle the number for each statement that best describes how often they felt or behaved this way during the past week. The score is the sum of the weights for the 20 items. **The weight for each item corresponds to the number chosen for each (0-3), except for items 4, 8, 12, and 16, which are reversed (3-0).** The possible range of scores for the scale is 0-60. The following cut-off scores best approximate the severity stages of depression: 0-9=none or minimal, 10-16=mild, 17-24=moderate, and >24=moderate to severe. **Scores greater than 16 have been considered to reflect the need for further assessment and evaluation of the patient for depression.**

Greden JF, Schwenk TL. Major mood disorders. In: Knesper DJ, Riba MB, Schwenk TL, eds. Primary Care Psychiatry. Philadelphia, PA: WB Saunders Co; 1997;129.

Radloff LS. The CES-D scale: a self-report depression scale for research in the general population. Appl Psychol Measure.1977;1:385-401.

Weissman MM, Sholomskas D, Pottenger M, Prusoff BA, Locke BZ. Assessing Depressive symptoms in five psychiatric populations: A validation study. Am J Epidemiol. 1977;106-214.

INITIALS	SIGNATURE	INITIALS	SIGNATURE	INITIALS	SIGNATURE