

## **Tobacco Treatment Specialist Training Programs**

The Tobacco Treatment Specialist (TTS) certification trainings mentioned below all meet the requirements set forth in the US Public Health Service Guidelines, as well as the proposed standards for competencies for tobacco treatment specialists developed by the Association for the Treatment of Tobacco Use and Dependence (ATTUD).

### **Alaska Native Tribal Health Consortium (ANTHC)**

The ANTHC Nicotine Research and Control Program provides a five-day onsite Tobacco Treatment Specialist certification program. Topics include: the biological process of nicotine addiction; pharmacology management; basic tobacco counseling techniques; motivational interviewing; spit tobacco and special populations; and nicotine dependence treatment strategies for people with co-morbidities. This training program is designed for health care professionals providing nicotine dependence treatment within an Alaska Native healthcare facility or those with a strong interest in entering the field.

#### **1) Entry Level TTS Certification (CTTS)**

Requires 240 hours experience for healthcare professionals

<http://www.anthc.org/cs/chs/tobacco/>

### **Massachusetts**

UMASS Med School provides an online course open to everyone titled "Basic Skills for Working with Smokers." The online course has a \$125.00 fee; participants receive a certificate of completion award upon completion of the course. More advanced certification requires completing the Basic Skills online course plus one of two levels of the Tobacco Treatment Specialist Core Certification training, a 6-day course held in Worcester, MA, twice a year. The two levels of TTS certification are:

#### **1) Entry Level TTS Certification (CTTS)**

Requires 240 hours experience for licensed healthcare professionals or 480 hours experience for other healthcare professionals.

#### **2) Master TTS Certification (CTTS-M)**

Requires 2,000 hours experience in tobacco treatment.

Course fee for non-Massachusetts residents is \$950.00. Details on these credentials can be found at: [www.umassmed.edu/behavmed/tobacco/train.aspx](http://www.umassmed.edu/behavmed/tobacco/train.aspx)

### **New Jersey**

The UMDNJ Tobacco Dependence Program provides the training for and the Addiction Providers Certification Board of New Jersey (APCBNJ) provides the credentialing for the Certified Tobacco Treatment Specialist (CTTS) certification. The training is a 5-day, intensive (42-hour) curriculum offered three times per year. Participants must have a Masters or above in the Human Services field with one year of full-time counseling or health care experience, OR a Bachelors in Human Services with two years of full-time counseling or health care experience, OR a CADC/LCADC/ nursing OR other recognized health related qualification, with four years of full time counseling or health care experience. Cost is a \$150.00 non refundable application fee:

[www.tobaccoprogram.org/tobspeciain.htm](http://www.tobaccoprogram.org/tobspeciain.htm)

### **Mayo Clinic Nicotine Dependence Center**

Mayo Clinic College of Medicine provides a five-day onsite Tobacco Treatment Specialist certification training program. Topics include: neuropharmacology of nicotine; optimization of pharmacologic management; conducting a basic counseling session; motivational interviewing and other counseling approaches; and tobacco dependence treatment strategies for people with co-morbid conditions. The last half-day of the program consists of an exam testing both knowledge and counseling skills. This training program is designed for health care professionals providing nicotine dependence treatment or those with a strong interest in entering the field.

Cost is \$1,000. Having a bachelor's degree or being within two academic years of completing a bachelor's degree is a prerequisite; certification requires completion of tobacco dependence treatment service hours as part of direct patient/client care (240 hours with graduate degree in health/human services field or 480 hours without):

[http://mayoresearch.mayo.edu/mayo/research/ndc\\_education/tts\\_certification.cfm](http://mayoresearch.mayo.edu/mayo/research/ndc_education/tts_certification.cfm)