

## Billing for Tobacco Dependence Treatment Services

### Definitions:

Diagnosis Code: Codes used in medicine to group and identify diseases, health signs and symptoms, and disorders. Current codes are catalogued in the International Statistical Classification of Diseases and Health Problems 9<sup>th</sup> edition.

Referred to as ICD 9

Code for Tobacco Use Disorder: 305.1

Other tobacco caused health problems might also be coded. i.e. 162 for lung cancer, 410-414 for coronary heart disease

Psychological problems are also catalogued in the Diagnostic and Statistical Manual for Mental Disorders volume IV Text Revision (DSM IV TR). These codes are a subset of the ICD 9 codes.

Current Procedure Terminology (CPT) code: A numeric code developed by the AMA that provides a uniform language that accurately describes medical, surgical, and diagnostic services, and thereby serves as an effective means for reliable nationwide communication among physicians, and other healthcare providers, patients, and third parties.

### CPT codes for tobacco

#### Tobacco Use (Screening)

99420 Administration/interpretation health risk assessment instrument

#### Tobacco Use (Counseling)

- 99401 Preventive medicine counseling/risk factor reduction, individual, 15 mins
- 99402 Preventive medicine counseling/risk factor reduction, individual, 30 mins
- 99403 Preventive medicine counseling/risk factor reduction, individual, 45 mins
- 99404 Preventive medicine counseling/risk factor reduction, individual, 60 mins
- 99406 Behavior change, smoking 3-10 minutes
- 99407 Behavior change, smoking >10 minutes
- 99411 Preventive counseling, group
- 99412 Preventive counseling, group
- 99078 Physician education in a group setting
- 4000F Tobacco use treatment, counseling
- 4001F Tobacco use treatment, pharmacologic treatment
- D1320 Counseling for the control and prevention of oral disease
- S9075\* Smoking cessation treatment
- S9453\* Smoking cessation class

\*S codes are national Permanent Level II HCPCS codes. These codes provide a standardized coding system that is managed jointly by public and private insurers, thus providing a stable system for claims processing. These codes can be used by all private and public insurers.

### Evaluation and Management Codes

99201-99215 + modifier of 25 to indicate tobacco cessation counseling

**Tribal System codes for tobacco use found in RPMS are as follows:**

Tobacco Use Assessment/Screening ICD 9 Coding Equivalents:

<b>Code Type</b>	<b>Code</b>	<b>Screening Tool Option</b>	<b>Detailed Meaning</b>
Diagnosis	305.1	Smoke, Chew or Quitting Now	Uses tobacco daily-Current user
Diagnosis	V15.82	Already quit	Has not used tobacco for > 6 (maintenance- Current behavioral definition of stopped is > 6 months)
Diagnosis	V65.49	Counseling delivered	Counseling general delivered (must be used w/ clinic 94)

Tobacco Use Assessment Health Factor Screening Coding Equivalents:

<b>Code Type</b>	<b>Code</b>	<b>Screening Tool Option</b>	<b>Detailed Meaning</b>
RPMS HF	Non-Tobacco User	None	Never used tobacco or not used >6 months
RPMS HF	Current Smoker	Smoke	Currently smokes
RPMS HF	Current Smokeless	Chew	Currently uses spit tobacco or snuff
RPMS HF	Current Smoker and Current Smokeless	Both	Currently uses smokes and uses spit tobacco
RPMS HF	Smoke Free Home		No ETS exposure in the home
RPMS HF	Smoker in home		A smoker lives in the home
RPMS HF	Exposure to ETS	2nd Hand	exposed to second hand smoke at work or at home
RPMS HF	Cessation Smoker or Smokeless	Quitting now	Has used tobacco in past and has since quit or is trying to quit <6 months
RPMS HF	Previous Smoker or Smokeless	Already Quit	Quit > 6 months

Patient Education Tobacco Counseling Coding Equivalents:

<b>Code Type</b>	<b>Code</b>	<b>Topic</b>	<b>Detailed Meaning</b>
*RPMS Patient Ed	TO-C	Complications	Patient is counseled on tobacco related health complications
*RPMS Patient Ed	TO-CUL	Cultural/spiritual aspects of health	Potential role of spiritual practices is discussed and the patient is made aware of the differences between spiritual tobacco use and tobacco used as an addiction
*RPMS Patient Ed	TO-DP	Disease Process	Patient is counseled on the disease process of tobacco use.
*RPMS Patient Ed	TO-EX	Exercise	Patient is counseled on how exercise will aide in tobacco cessation
*RPMS Patient Ed	TO-FU	Follow up	Patient is informed of the follow up schedule for tobacco cessation
*RPMS Patient Ed	TO-HY	Hygiene	Cleaning techniques to reduce tobacco odor is reviewed and hygiene relative to a positive self image is discussed
*RPMS Patient Ed	TO-IR	Information and Referral	Sources for tobacco cessation tx are discussed and/or a referral to a tobacco tx program is pursued
*RPMS Patient Ed	TO-L	Patient information/Literature	Appropriate patient literature delivered to his/her specific tobacco related health problems
*RPMS Patient Ed	TO-LA	Lifestyle adaptations	Patient Education provided on behavior change
*RPMS Patient Ed	TO-M	Medications discussed	Medication directions, dosing, risks, benefits, and interactions are discussed
*RPMS Patient Ed	TO-MNT	Medical Nutrition Therapy	Patient is explained the systematic nutrition care process provided by an RD and a nutrition care plan may be developed
*RPMS Patient Ed	TO-N	Nutrition	Patient is informed of healthy eating habits
*RPMS Patient Ed	TO-P	Prevention	Risk factors for using and methods for avoiding tobacco are discussed
*RPMS Patient Ed	TO-QT	Quitting tobacco	Patient is receiving tobacco cessation counseling
*RPMS Patient Ed	TO-S	Safety	Increased risk of fires and burns as well as the hazards of smoking while driving are discussed
*RPMS Patient Ed	TO-SHS	Second-Hand Smoke	Patient counseled on adverse effect of second hand smoke
*RPMS Patient Ed	TO-SM	Stress Management	Patient counseled on stress management and how to deal w/ stressful situation that may lead to relapse

\*Patients understanding level needs to be documented G (good) F (fair) P (poor) R (refused) or Group

Readiness to change standards:

*RPMS Patient Ed	TO-RTC 1,2,3,4, or 5	Precontemplation	- Patient not willing to make a quit attempt w/in the next 6 months
		Contemplator	- Patient willing to make a quit attempt <6 months
		Preparation	- Patient is willing to make a quit attempt <30 days
		Action	- Patient is actively making a quit attempt
		Maintenance	- Patient has quit for > 6 months