

for implementation.

#### **HY - HYGIENE**

The patient will recognize good personal hygiene as an aspect of wellness.

#### **L - PATIENT INFORMATION LITERATURE**

The patient/family will receive written information about the disease process or condition.

#### **LA - LIFESTYLE ADAPTATIONS**

The patient will strive to make the lifestyle adaptations necessary to prevent complications of the disease state or condition or to improve mental or physical health.

#### **M - MEDICATIONS**

The patient/family will understand the goal of drug therapy and be able to demonstrate and explain use of the prescribed regimen.

#### **N - NUTRITION**

The patient will understand the need for balanced nutrition and plan for the implementation of dietary modification if needed.

#### **P - PREVENTION**

The patient/family will understand that healthy lifestyle behaviors can reduce the risk of developing diseases, conditions, or complications.

#### **PRO - PROCEDURES**

The patient/family will understand the proposed procedure, including indications, complications, and alternatives, as well as possible results of non-treatment.

#### **S - SAFETY**

The patient/family will understand principles of injury prevention and plan a safe environment.

#### **TE - TESTING**

The patient/family will understand

the test(s) to be performed including indications and its impact on further care.

#### **TX - TREATMENT**

The patient/family will understand the possible treatments that may be available based on the specific disease process, test results, and individual preferences.

#### **MNT- MEDICAL NUTRITION THERAPY**

**For use by registered dietitians ONLY**  
Medical Nutrition Therapy (MNT) is the use of specific nutrition interventions based on standardized guidelines that incorporate current professional knowledge and research to treat an illness, injury, or condition. Nutrition interventions are determined on an assessment that includes a review and analysis of medical and diet history, biochemical and anthropometrics measures. MNT plays a key role thought out the life cycle of an individual and integrates in the continuum of care in all levels of practice.

The Dietetic Practitioner, also referred to as a Registered Dietitian (RD), is the professional uniquely qualified to provide MNT.

**Registered Dietician:** An individual who has completed the minimum of a baccalaureate degree granted by a U.S. regionally accredited college or university or foreign equivalent, has met current minimum academic requirements and completed a pre-professional experience, and has successfully completed the Registration Examination for Dietitians. All RDs must accrue 75 hours of approved continuing professional education every 5 years to maintain Registration through the Commission on Dietetic Registration.



# Patient & Family Education Codes (PEPC)

11th Edition

January 2005

**This handout was created by:**  
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Elko Service Unit  
Phoenix Area Indian Health Service

**For detailed explanations of education protocols and codes consult the complete manual located at [www.ihs.gov](http://www.ihs.gov) under "Nationwide Programs and Initiatives," in the upper right-hand corner:**

**Indian Health Service  
Patient and Family Education  
Protocols and Codes**

11th Edition  
January 2005

## FORWARD TO THE 11TH EDITION OF THE PATIENT EDUCATION PROTOCOLS

The PEP-C (Patient Education Protocols and Codes committee) has diligently worked to add all protocols that were requested by providers or departments. We hope that you find codes helpful in documenting your patient education.

As co-chairs of this committee we would like to sincerely thank all the members and guests of this committee. As usual they spent long hours preparing for the committee meeting and even longer hours in committee. They all deserve our appreciation. Without these dedicated committee members this would not be possible. We would also like to again thank Mary Wachacha, IHS Chief of Health Education. We recognize Liz Dickey, R.N. and other IHS staff for envisioning an easier way to document education. We especially thank Juan Torrez for his assistance in formatting and ensuring consistency in our document and to Patricia Price for the preparation of this pamphlet for publication. Finally, we are indebted to our colleagues in the Indian Health Service for their support, encouragement and input.

If you have new topics or codes you would like to see in future editions of the Patient Education Protocols and Codes please email your submission to a committee member – submissions are requested and encouraged!!! The submissions will be reviewed by the committee and may be changed extensively prior to their publication for general use. New submissions should be sent to:

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### Education Needs Assessment Codes

#### LP - Learning Preference

-Talk	LP-TALK
-Video	LP-VIDO
-Small Group	LP-GP
-Read	LP-READ
-Do/Practice	LP-DOIT

#### RL - Readiness to Learn

-Eager	RL-EAGR
-Receptive	RL-RCPT
-Unreceptive	RL-UNRC
-Pain	RL-PAIN
-Severity of Illness	RL-SVIL
-Not Ready	RL-NOTR
-Distraction	RL-DSTR

#### BAR - Barriers to Learning

-No Barriers	<b>Mnemonics</b> BAR-NONE
-Doesn't Read	BAR-DNRE
-Interpreter Needed	BAR-INTN
-Cognitive Impairment	BAR-COGI
-Fine Motor Skills Deficit	BAR-FIMS
-Hard of Hearing	BAR-HEAR
-Deaf	BAR-DEAF
-Visually Impaired	BAR-VISI
-Blind	BAR-BLND
-Emotional Impairment	BAR-EMOI
-Social Stressors	BAR-STRS
-Values/Belief	BAR-VALU

### General Education Topics

<b>AP</b> Anatomy and Physiology	<b>LA</b> Lifestyle Adaptations
<b>C</b> Complications	<b>M</b> Medications
<b>DP</b> Disease Process	<b>N</b> Nutrition
<b>EQ</b> Equipment	<b>P</b> Prevention
<b>EX</b> Exercise	<b>PRO</b> Procedures
<b>FU</b> Follow-up	<b>S</b> Safety
<b>HM</b> Home Management	<b>TE</b> Testing
<b>HY</b> Hygiene	<b>TX</b> Treatment
<b>L</b> Patient Information Literature	<b>MNT</b> Medical Nutrition Therapy

#### AP - ANATOMY AND PHYSIOLOGY

The patient and/or family will have a basic understanding of anatomy and physiology as it relates to the disease state or condition.

#### C - COMPLICATIONS

The patient and/or family will understand the effects and consequences possible as a result of this disease state/condition, failure to manage this disease state/condition, or as a result of treatment.

#### DP - DISEASE PROCESS

The patient/family will have a basic understanding of the pathophysiology, symptoms and prognosis of his/her illness or condition.

#### EQ - EQUIPMENT

The patient/family will understand

and demonstrate (when appropriate) proper use and care of home medical equipment.

#### EX - EXERCISE

The patient/family will understand the relationship of physical activity to this disease state, condition or to health promotion and disease prevention and develop a plan to achieve an appropriate activity level.

#### FU - FOLLOW UP

The patient/family will understand the importance of follow-up and make a plan to keep follow-up appointments.

#### HM - HOME MANAGEMENT

The patient/family will understand the home management of their disease process and make a plan

## General Education Codes

### - Guidelines For Use -

These general education codes were developed in response to the ever-expanding list of patient education codes. The following 18 codes are education topic modifiers which can be used in conjunction with any ICD-9 diagnosis to document patient and family education. The following list is NOT exhaustive, nor is it intended to be.

This newer, more general system is used in essentially the same way as the specific codes, except that instead of having a patient education diagnosis code the provider will simply write out the 1) diagnosis or condition, 2) followed by the education modifier, 3) level of understanding, 4) write your Provider Initials, 5) Time spend providing the education, and 6) finally write down if the patient set a goal for them selves using GS for Goal Set, GM for Goal Met, and GNM for Goal Not Met. For example:  
**Head lice - TX - P - <provider initials> 10 min. – GS: Pt. will wash bed linens**

This would show up on the health summary under the patient education section as:

**Head lice - treatment - poor understanding, 10 minutes ,, <Provider Initials> Goal Set: Patient will wash bed lines.**

If education on more than one topic on the same diagnosis is provided these topics should be written on a separate line in the Patient Education section of the PCC, PCC+ and Electronic Health Record.:

For example:

**Head lice - P - P - <provider initials> 10 min. – GS: Pt. will wash bed linens**

**Head lice - TX - G - <provider initials> 7 min. – GS: Pt. will wash bed linens**

**Impetigo - M, FU - G - <provider initials> GS: Pt. will practice good hygiene by not sharing items**

This would show up on the health summary under the patient education section as:

**Head lice - prevention - poor understanding 10 min. – GS: Pt. will wash bed linens**

**Head lice - treatment - good understanding 7 min. – GS: Pt. will wash bed linens**

**Impetigo - medications, follow-up - good understanding: Pt. will practice good hygiene by not sharing items**

Please note that for reimbursement, the Education MUST have an associated ICD-9 diagnosis code. These codes must still be documented in the patient education section of the PCC, PCC+ or on the EHR. The levels of understanding have not changed and are **G=good, F=fair, P=poor, R=refused, and GP=group**.

*The committee would like to thank Lisa Hakanson, R.D. for her suggestion that resulted in this addition.*

## USE AND DOCUMENTATION OF PATIENT EDUCATION CODES

### Why Use the Codes

Use of the codes helps nurses, physicians and other health care providers to document and track patient education. While it is frequently desirable to spend 15, 30 even 60 minutes making an assessment of need, providing education and then documenting the encounter, the reality of a busy clinical practice often requires us to do this in a more abbreviated fashion. The codes allow the educator a quick method of documenting that education took place during a given patient visit. The codes are then transferred to the health summary which informs everyone using the chart that a given patient received education on specific topics. The codes are limited in that they do not detail the exact nature of the education. However, using these codes consistently will show the pattern of education provided and encourage subsequent health professionals to do the appropriate follow-up. For instance, a typical health summary for a diabetic patient might show the following history of patient education:

07/19/04 DM-Nutrition, poor understanding, 10 min.  
(Provider Initials) GS: Pt. will include 5 veg/fruit/day  
10/27/04 DM-Foot care, good understanding, 7 min.  
(Provider Initials) GM: Pt included 5 veg/fruit/day  
11/07/04 DM-Exercise, good understanding, 15 min.  
(Provider Initials) GS: Pt. will walk 5 dys/wk/30 min.

A reasonable interpretation of this summary tells you that this patient is trying to understand management of their diabetes.

### SOAP Charting and the Codes

Use of the codes *does not* preclude writing a SOAP note on educational encounters. Whenever a health professional spends considerable time providing education in a one-on-one setting, that visit should be recorded as an independent, stand-alone visit. The primary provider can incorporate the educational information into their SOAP note and use the code to summarize the visit and get the information onto the health summary. If the patient sees both a physician and a nurse during the same visit and the nurse completes a lengthy educational encounter, two PCC forms should be used— one for the physician visit and one for the nursing visit. In that particular case the patient had two primary care encounters during the same day.

## DOCUMENTING AND COMMUNICATION PATIENT & FAMILY EDUCATION

### How to Use the Codes

The Medical Records and Data Entry programs at each site determine where patient education will be entered on the PCC and other facility forms. Medical Records and Data Entry will also determine how the patient education is recorded. You should check with your Medical Records and Data Entry staff to determine how they would like your facility to document patient education. Using a stamp, over-printing on the PCC or the use of "education flow sheets" is discouraged for all disciplines and all sites. All education should be documented directly onto the PCC, PCC+ and in the Electronic Health Record.

The educator should document the education using the following steps:

1. Log onto the PCC, PCC+ or Electronic Health Record or document the education on the PCC Group Preventive Services Form
2. Circle "Patient Education" in the section marked "Medications/Treatment/Procedures/Patient Education"
3. If using the PCC+ or the Electronic Health Record, Patient Education is located in specific sections of the PCC+ and Electronic Health Record.
4. Begin your documentation by entering the appropriate:
  - ◆ **STEP ONE:** Write down the appropriate ICD-9 code, disease, illness or condition for which you are providing the education.
  - ◆ **STEP TWO:** Enter the education topic discussed (e.g. complications, nutrition, hygiene).
  - ◆ **STEP THREE:** Determine the patient's level of understand of the education provided and enter as good- (G), fair (F), or Poor (P).
    - If the patient refuses the education encounter, you document this refusal by writing an (R) for refused.
    - If you are providing education in a group (not an individual one-on-one encounter), the education provided is documented as (GP) for Group education. A "group" is defined as more than one person. Documenting with the Group (GP) mnemonic indicates that the group member's level of understanding was not assessed.
  - ◆ **STEP FOUR:** Enter the amount of time spent educating the patient. Use specific time amounts rounded off to the minute, i.e., 3 minutes, 17 minutes.
  - ◆ **STEP FIVE:** Initial your entry so that you can get credit for the education provided.
  - ◆ **STEP SIX:** Lastly, each provider is able to encourage the patient to participate in the determination of their personal health by setting a goal for themselves. This capability is the last item documented at the end of the educational encounter. The provider assists the patient

## Diabetes Curriculum Education

(Refer to the Diabetes Curriculum Education Codes. handout for specifics)

### What are the Diabetes Curriculum Education Codes?

The Diabetes Education Curriculum Codes (DMC) are a VERY specific set of codes that follow the IHS Diabetes Curriculum, "Balancing Your Life and Diabetes." These IHS diabetes education codes are meant to be used by persons who are familiar with the IHS Diabetes Curriculum, "Balancing Your Life and Diabetes."

If you are providing Diabetes Education and your site is *not* using the IHS "Balancing Your Life and Diabetes" curriculum, use the **DM** codes found in the main set of patient education codes. Only sites using the IHS "Balancing Your Life and Diabetes" should use the **DMC** (Diabetes Mellitus Curriculum) codes. If you are not sure which codes or curriculum your site should document with, check with your local Diabetes Coordinator

<b>DMC-ABC</b>	Knowing Your Numbers (ABC)
<b>DMC-AC</b>	Acute Complications
<b>DMC-BG</b>	Behavioral Goals (Making Healthy Changes)
<b>DMC-BGM</b>	Blood Sugar Monitoring, Home
<b>DMC-CC</b>	Chronic Complications (Preventing and treating diabetes complication)
<b>DMC-DP</b>	Disease Process (What Is Diabetes)
<b>DMC- EX</b>	Exercise (Moving to Stay Healthy)
<b>DMC-FTC</b>	Foot Care (Taking Care of Your Feet)
<b>DMC-M</b>	Diabetes Medicine- Overview and Diabetes Pills
<b>DMC-IN</b>	Diabetes Medicine - Insulin
<b>DMC-MSE</b>	Mind, Spirit And Emotion
<b>DMC-N</b>	Nutrition (Basics Of Healthy Eating)
<b>DMC-N-FL</b>	Nutrition (Session 1: Introduction to Food Labels)
<b>DMC-N-CC</b>	Nutrition (Session 2: Introduction to Carbohydrate Counting)
<b>DMC-N-EL</b>	Nutrition (Session 3: Introduction to Exchange Lists)
<b>DMC-N-FS</b>	Nutrition (Session 4: Introduction to Food Shopping)
<b>DMC-N-HC</b>	Nutrition (Session 5: Introduction to Health Cooking)
<b>DMC-N-EA</b>	Nutrition (Session 6: Introduction for Eating Away from Home)
<b>DMC-N-AL</b>	Nutrition (Session 7: Introduction for the Use of Alcohol)
<b>DMC-N-D</b>	Nutrition (Session 8: Introduction for the Evaluating Diets)
<b>DMC-PG-DM</b>	Session 1: Pregnancy, Diabetes and You: First Step to a Healthy
<b>DMC-PG-N</b>	Session 2: Healthy Eating During Pregnancy
<b>DMC-PG-PA</b>	Session 3: Moving to Stay Healthy During Pregnancy
<b>DMC-PG-M</b>	Session 4: Medicine During Pregnancy
<b>DMC-PG-BGM</b>	Session 5: Home Blood Sugar Monitoring During Pregnancy
<b>DMC-PG-C</b>	Session 6: Staying Healthy During Pregnancy
<b>DMC-PG-PP</b>	Session 7: Staying Health After Delivery
<b>DMC-PG-PPC</b>	Pre-Pregnancy Counseling
<b>GDM</b>	<b>GESTATIONAL DIABETES</b>
<b>GDM-BG</b>	Behavioral Goals (Making Healthy Changes)
<b>GDM-BGM</b>	Blood Sugar Monitoring, Home
<b>GDM-C</b>	Complications
<b>GDM-DP</b>	Disease Process
<b>GDM-EX</b>	Exercise (Physical Activity and Pregnancy)
<b>GDM-FU</b>	Follow-up
<b>GDM-L</b>	Patient Information Literature
<b>GDM-N</b>	Nutrition (Meal Planning in Pregnancy)



**IMPORTANT CHANGES IN THE 11TH EDITION**

**CHEMICAL DEPENDENCY CHANGE:** The mnemonic CD for Chemical Dependency has been changed to AOD —Alcohol and Other Drugs. The change from the mnemonic CD to AOD was at the request of the Behavioral Health Program. Questions/concerns about this change should be addressed to Jon Perez, Director, IHS Behavioral Health Program or Denise Grenier, OIT BH representative. For the short-term, "CD" will remain a viable mnemonic but will eventually become obsolete in RPMs and totally replaced by AOD. We suggest you begin using the new AOD term now.

**CULTURAL/SPIRITUAL ASPECTS OF HEALTH (CUL):** CUL is a major new addition to the 2005 Protocols and Codes to document education/counseling that reflects an integration of the impact and influences that cultural and spiritual traditions, practices, and beliefs have on health and wellness.

**MEDICAL NUTRITION THERAPY (MNT):** MNT has been added to many of the Protocols and Codes. Only RDs are permitted to use the MNT code. Questions concerning the MNT protocols and codes should be directed to Cecelia Butler, RD, Santa Fe Service Unit or Susan Dethman, Wewoka Service Unit.

**TOBACCO:** A new mnemonic has been added to Tobacco to assist in tracking patient's readiness to change: TO – RTC – Readiness to Change

**ABD - ABDOMINAL PAIN**

- C - Complications
- DP - Disease Process
- FU - Follow-up
- L - Patient Information Literature
- M - Medications
- MNT - Medical Nutrition Therapy
- N - Nutrition
- PM - Pain Management
- SM - Stress Management
- TE - Tests
- TX - Treatments

**AF - ADMINISTRATIVE FUNCTIONS**

- B -Benefits of Updating Charts
- C - Confidentiality
- FU -Follow-up
- REF -Referral Process
- RI - Patient Rights and Responsibilities

**ADM - ADMISSION TO HOSPITAL**

- CUL- Cultural/Spiritual Aspects of Health
- EQ -Equipment
- OR -Orientation
- PM - Pain Management
- POC -Plan of Care
- RI - Patient Rights & Responsibilities
- S -Safety and Accident Prevention

**ADV - ADVANCE DIRECTIVES**

- I - Information
- L- Patient Information Literature
- LW - Living Will
- POA - Durable Power of Attorney for Health Care
- RI - Patient Rights and Responsibility

**AOD - ALCOHOL AND OTHER DRUGS**

- C - Complications
- CCA - Continuum Of Care
- CUL- Cultural/Spiritual Aspects of Health
- DP - Disease Process
- EX - Exercise
- L - Patient information literature
- LA - Lifestyle Adaptations
- M - Medications
- MNT - Medical Nutrition Therapy
- N - Nutrition
- P - Prevention
- PLC - Placement
- SCR - Screening
- SM - Stress Management
- TE - Tests
- WL - Wellness

**AL - ALLERGIES**

- DP -Disease Process
- FU - Follow-up
- L - Patient Information Literature
- LA - Lifestyle Adaptations
- M - Medications
- MNT - Medical Nutrition Therapy
- N - Nutrition
- TE - Tests

**ALZ - ALHEIMER'S DISEASE**

- DP - Disease Process
- FU - Follow-up
- HM - Home Management
- L - Patient Information Literature
- LA - Lifestyle Adaptations
- LW - Living Will
- M - Medications
- MNT - Medical Nutrition Therapy
- N - Nutrition
- PCL - Placement

**Documenting Patient Education (Forms)**

The image shows a complex PCC+ form with multiple sections. At the top, there are fields for Client Code, Appointment, and Medication. Below this is a table for 'Lifestyle Assessment & Well-Being' with columns for various health domains. To the right is a 'Patient Education' table with columns for 'Type of Education' and 'Assessment'. Below these are several tables for 'Patient Education' and 'Patient Assessment' with columns for 'Assessment', 'Education', and 'Readiness to Change'. At the bottom, there is a 'Signature' field and a 'Date' field.

Figure 3: Documenting Patient Education on a PCC+ form, Page 1

This image shows the continuation of the PCC+ form. It features a large table with columns for 'Assessment', 'Education', and 'Readiness to Change'. A prominent text box in the center asks 'Educational Assessment questions? Please refer to the IHS Patient Education Protocol Manual'. Below this, there is a section for 'Document Educational Assessment in the Learning Preferences, Barriers to Learning, and Readiness to Learn fields.' At the bottom, there is a 'Signature' field and a 'Date' field.

Figure 4: Documenting Patient Education on a PCC+ form, Page 2

## Documenting Patient Education (Forms)

**PCC INPATIENT SUPPLEMENT AND DISCHARGE FOLLOW-UP RECORD**

PROVIDER LET ASSISTING OR CHAPERON PRINT ONLY IN THIS SECTION

Learning Preferences – TALK  
HTN – N – G – XYZ – 5 min – GS – Patient will eat less salt

Document Educational Assessment here (1)

Document the Patient Education here (2)

Don't know how to document educational assessments?  
Please refer to the IHS Patient Education Protocol Manual  
#1 Educational Assessment  
#2 Patient Education

It is important to place your provider code and signature on the bottom of the PCC form.

Signature: [Signature] XYZ

Figure 1: Documenting Patient Education on the PCC Inpatient and

**PCC AMBULATORY ENCOUNTER RECORD**

PROVIDER LET ASSISTING OR CHAPERON PRINT ONLY IN THIS SECTION

There are two places on the PCC form where it is appropriate to document patient education.  
It is also important to place your provider code in the top right hand corner and to sign the bottom of the PCC form.

Document Educational Assessment here (1)

Document the Patient Education Here (2)

Or Document the Patient Education and Assessment

Learning Preference - TALK  
HTN – N – G – XYZ – 5 min – GS, patient will reduce salt intake

Signature

Figure 2: Documenting Patient Education with the PCC Ambulatory Encounter form

S - Safety and Accident Prevention  
SM - Stress Management  
TE - Tests  
TX - Treatment

PF - Peak Flow Meter  
SHS - Second Hand Smoke  
SPA - Spacers  
TX - Tests  
TO - Tobacco (Smoking)

### AN - ANEMIA

C - Complications  
DP - Disease Process  
FU - Follow-up  
L - Patient Information Literature  
M - Medications  
MNT - Medical Nutrition Therapy  
N - Nutrition  
PRO - Procedure  
TE - Tests  
TX - Treatments

### ANS - ANESTHESIA

C - Complications  
EQ - Equipment  
FU - Follow-up  
INT - Intubation  
IS - Incentive Spirometry  
L - Literature  
PM - Pain Management  
PO - Postoperative  
PR - Preoperative  
PRO - Procedure  
TCB - Turn, Cough, Deep Breath

### ABX - ANTIBIOTIC RESISTANCE

C - Complications  
DP - Disease Process  
FU - Follow-up  
L - Literature  
M - Medications  
P - Prevention  
TE - Testing

### ACC - ANTICOAGULATION

C - Complications  
DP - Disease Process  
FU - Follow-up  
HM - Home Management  
L - Literature  
LA - Lifestyle Adaptation  
M - Medications  
MNT - Medical Nutrition Therapy  
N - Nutrition  
S - Safety and Injury Prevention  
TE - Tests

### ASM - ASTHMA

C - Complications  
DP - Disease Process  
EQ - Equipment  
EX - Exercise  
FU - Follow-up  
HM - Home Management  
L - Patient Information Literature  
LA - Lifestyle Adaptations  
M - Medications  
MDI - Metered Dose Inhaler  
MNT - Medical Nutrition Therapy  
N - Nutrition  
NEB - Nebulizer

### ADD - ATTENTION DEFICIT HYPERACTIVITY DISORDER

DP - Disease Process  
FU - Follow-up  
GD - Growth and Development  
L - Patient Information Literature  
LA - Lifestyle Adaptations  
M - Medications  
NT - Medical Nutrition Therapy  
N - Nutrition  
TE - Tests  
TX - Treatments

### ATO - AUTOIMMUNE DISORDER

C - Complications  
DP - Disease Process  
FU - Follow-up  
L - Patient Information Literature  
LA - Lifestyle Adaptations  
M - Medications  
NT - Medical Nutrition Therapy  
N - Nutrition  
SM - Stress Management  
TE - Tests  
TX - Treatments

### BH - BEHAVIORAL AND SOCIAL HEALTH

ADL - Activities of Daily Living  
ANA - Abuse and Neglect, Adult  
ANC - Abuse and Neglect, Child  
CM - Case Management  
CUL - Cultural/Spiritual Aspects of Health  
DP - Disease Process  
EX - Exercise  
FU - Follow-up  
HOU - Housing  
IR - Information and Referral  
L - Patient Information Literature  
M - Medications  
PLC - Placement  
RI - Patient Rights and Responsibility  
SM - Stress Management  
TE - Tests  
TLM - Tele-Mental Health  
TR - Transportation  
WL - Wellness

### BELL - BELL'S PALS

AP - Anatomy and Physiology  
C - Complications  
DP - Disease Process  
FU - Follow-up  
L - Patient Information Literature  
M - Medications  
PM - Pain Management  
TE - Tests  
TX - Treatment

**BWP - BIOLOGICAL WEAPONS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**I** - Information  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**P** - Prevention  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

**BL - BLOOD TRANSFUSION**

**C** - Complications  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**S** - Safety  
**TE** - Tests  
**TX** - Treatments

**BF - BREAST-FEEDING**

**AP** - Anatomy and Physiology  
**BB** - Benefits of Breastfeeding  
**BC** - Breast Care  
**BP** - Breastfeeding Positions  
**CS** - Collection and Storage of Breast Milk  
**EQ** - Equipment  
**FU** - Follow-up  
**GD** - Growth and Development  
**HC** - Hunger Cues  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Maternal Medications  
**MK** - Milk Intake  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition (Maternal)  
**NJ** - Neonatal Jaundice  
**ON** - Latch-on  
**SF** - Introduction to Solid Foods  
**SM** - Stress Management  
**T** - Teething  
**W** - Weaning

**BURN - BURNS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**L** - Patient information literature  
**P** - Prevention  
**TX** - Treatment  
**WC** - Wound Care

**CA - CANCER**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up

**HM** - Home Management  
**L** - Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**REF** - Referral  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatments

**CVA – CEREBROVASCULAR DISEASE**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**S** - Safety and Injury Prevention  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatments

**CD - CHEMICAL DEPENDENCY**

*Refer to AOD - Alcohol and Other Drugs*

**CWP – CHEMICAL WEAPONS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**I** - Information  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatments

**CP - CHEST PAIN**

**DP** - Disease process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SM** - Stress Management  
**TE** Tests

**CHN - CHILD HEALTH NEW-BORN (0-60 DAYS)**

**FU** - Follow-up  
**GD** - Growth and Development  
**I** - Information

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**SPE - SURGICAL PROCEDURES AND ENDOSCOPY**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**EQ** - Equipment  
**FU** - Follow-up  
**IS** - Incentive Spirometry  
**L** - Patient Information Literature  
**PM** - Pain Management  
**PO** - Postoperative  
**PR** - Preoperative  
**PRO** - Procedures  
**TCB** - Turn, Cough, Deep Breath  
**TE** - Tests  
**WC** - Wound Care

**TO - TOBACCO USE**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**QT** - Quit  
**RTC** - Readiness to Change  
**SCR** - Screening  
**SHS** - Second Hand Smoke  
**SM** - Stress Management

**TB - TUBERCULOSIS**

**CUL-** Cultural/Spiritual Aspects of Health  
**DOT** - Directly Observed Therapy  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**PPD** - Screening Skin Test  
**TE** - Tests

**UC - ULCERATIVE COLITIS**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

**URI - UPPER RESPIRATORY TRACT INFECTION**

**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process

**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention

**UTI - URINARY TRACT INFECTION**

**AP** - Anatomy and Physiology  
**DP** - Disease Process  
**FU** - Follow-up  
**HY** - Hygiene  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests

**WL - WELLNESS**

**ADL** - Activities of Daily Living  
**CUL-** Cultural/Spiritual Aspects of Health  
**EX** - Exercise  
**FU** - Follow-up  
**HY** - Hygiene  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**S** - Safety and Injury Prevention  
**SCR** - Screening  
**SM** - Stress Management  
**SX** - Sexuality  
**TE** - Tests

**WH - WOMEN'S HEALTH**

**AP** - Anatomy and Physiology  
**BE** - Breast Exam  
**CUL-** Cultural/Spiritual Aspects of Health  
**FU** - Follow-up  
**HY** - Hygiene  
**KE** - Kegel Exercise  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**MP** - Menopause  
**MS** - Menses  
**N** - Nutrition  
**OS** - Osteoporosis  
**PAP** - Pap Smear  
**PMS** - Premenstrual Syndrome  
**PRO** - Procedures  
**RS** - Reproductive System  
**SM** - Stress Management  
**STI** - Sexually Transmitted Infections (*Refer to codes for STI*)  
**TE** - Tests

**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**NJ** - Neonatal Jaundice  
**PA** - Parenting  
**S** - Safety and Injury Prevention  
**SF-** Introduction to Solid Foods  
**SHS** - Second Hand Smoke

**CHI - CHILD HEALTH INFANT (2-12 MONTHS)**

**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Patient Information Literature  
**N** - Nutrition  
**MNT** - Medical Nutrition Therapy  
**PA** - Parenting  
**S** - Safety and Injury Prevention  
**SF-** Introduction to Solid Foods  
**SHS** - Second Hand Smoke  
**W** - Weaning

**CHT - CHILD HEALTH INFANT (1-3 YEARS)**

**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety and Injury Prevention  
**SF-** Introduction to Solid Foods  
**SHS** - Second Hand Smoke  
**W** - Weaning

**CHP - CHILD HEALTH PRE-SCHOOL (3-5 YEARS)**

**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety and Injury Prevention  
**SHS** - Second Hand Smoke

**CHS - CHILD HEALTH SCHOOL AGE (5-12 YEARS)**

**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PA** - Parenting  
**S** - Safety and Injury Prevention  
**SHS** - Second Hand Smoke  
**SX** - Sexuality  
**TO** - Tobacco

**CHA - CHILD HEALTH ADOLESCENT (12-18 YEARS)**

**AOD-** Alcohol and Other Drugs  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy

**N** - Nutrition  
**PA** - Parenting  
**S** - Safety and Injury Prevention  
**SHS** - Second Hand Smoke  
**SX** - Sexuality  
**TO** - Tobacco

**CB - CHILDBIRTH**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**EQ** - Equipment  
**EX** - Exercise, Relaxation & Breathing  
**FU** - Follow-up  
**L** - Literature  
**LB** - Labor Signs  
**M** - Medications  
**NJ** - Neonatal Jaundice  
**OR** - Orientation  
**PM** - Pain Management  
**PRO** - Procedures, Obstetrical  
**RO** - Role of Labor and Deliver Partner/Coach  
**TE** - Tests  
**VBAC** - Vaginal Birth after Cesarean Section

**CKD - CHRONIC KIDNEY DISEASE**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DI-** Dialysis  
**DP** - Disease Process  
**EQ** - Equipment  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PRO** - Procedures  
**TE** - Tests  
**TX** - Treatment

**CPM - CHRONIC PAIN**

**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**PSY** - Psychotherapy  
**S** - Safety  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatments

**CDC - COMMUNICABLE DISEASES**

**DP** - Disease Process

**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests

**CHF - CONGESTIVE HEART FAILURE**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SM** - Stress Management  
**TE** - Tests

**CAD - CORONARY ARTERY DISEASE**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**PRO** - Procedure  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatments

**CRN - CROHN'S DISEASE**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatments

**CRP – CROUP**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**SHS** - Second Hand Smoke

**CF - CYSTIC FIBROSIS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SHS** - Second Hand Smoke  
**TE** - Tests  
**TO** - Tobacco (Smoking)  
**TX** - Treatment

**DEH - DEHYDRATION**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

**DC - DENTAL CARIES**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** - Treatment

**DM - DIABETES MELLITUS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FTC** - Foot Care and Examinations  
**FU** - Follow-up  
**HM** - Home Management  
**KID** - Kidney Disease  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management

**RTS - RESTRAINTS**

**EQ** - Equipment  
**L** - Patient Information Literature  
**M** - Medications  
**S** - Safety and Injury Prevention

**RD - RHEUMATIC DISEASE**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**TE** - Tests

**SZ - SEIZURE DISORDER**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**S** - Safety and Injury Prevention  
**SM** - Stress Management  
**TE** - Tests

**SARS - SEVERE ACUTE RESPIRATORY SYNDROME**

**C** - Complication  
**DP** - Disease Process  
**FU** - Follow up  
**HM** - Home Management  
**HY** - Hygiene  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

**STD - SEXUALLY TRANSMITTED DISEASES**

*Refer to STI - Sexually Transmitted*

**STI - SEXUALLY TRANSMITTED INFECTIONS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**FU** - Follow-up  
**I** - Information  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

**SHI - SHINGLES**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**PM** - Pain Management  
**SM** - Stress Management  
**TX** - Treatment

**SWI - SKIN AND WOUND INFECTIONS**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**WC** - Wound Care

**ST - STREP THROAT**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests

**SIDS - SUDDEN INFANT DEATH SYNDROME**

**CUL**- Cultural/Spiritual Aspects of Health  
**I** - Information  
**L** - Patient Information Literature  
**P** - Prevention  
**S** - Safety and Injury Prevention  
**SHS** - Second Hand Smoke

**SB - SUICIDAL BEHAVIOR**

**CUL**- Cultural/Spiritual Aspects of Health  
**FU** - Follow-up  
**L** - Patient Information Literature  
**PSY** - Psychotherapy  
**SCR** - Screening  
**SM** - Stress Management  
**TX** - Treatment  
**WL** - Wellness

**SUN - SUN EXPOSURE**

**C** - Complications  
**DP** - Disease Process  
**I** - Information  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**P** - Prevention  
**S** - Safety and Injury Prevention  
**TX** - Treatment

**PDEP – POSTPARTUM DEPRESSION**

**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SM** - Stress Management  
**TX** - Treatment

**PDM - PREDIABETES**

**C** - Complications  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**TE** - Tests

**PN – PRENATAL**

**1T** - First Trimester  
**2T** - Second Trimester  
**3T** - Third Trimester  
**ADM** - Admission to Hospital  
**AOD** - Alcohol and Other Drugs  
**BH** - Behavioral Health  
**C** - Complications  
**CUL** - Cultural/Spiritual Aspects of Health  
**DC** - Dental Caries  
**DV** - Domestic Violence  
**EX** - Exercise  
**FU** - Follow-up  
**GD** - Growth and Development  
**GDM** - Gestational Diabetes  
**GEN** - Genetic Testing  
**HIV** - Human Immunodeficiency Virus  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**NJ** - Neonatal Jaundice  
**PIH** - Pregnancy-Induced Hypertension and Pre-Eclampsia  
**PM** - Pain Management  
**PTL** - Preterm Labor  
**S** - Safety and Injury Prevention  
**SCR** - Screening  
**SF** - Introduction of the Infant to Solid Foods  
**SHS** - Second Hand Smoke  
**SM** - Stress Management  
**SOC** - Social Health  
**STI** - Sexually Transmitted Infections  
**TE** - Tests  
**TO** - Tobacco  
**VBAC** - Vaginal Birth after Cesarean Section

**PSR – PSORIASIS**

**BH** - Behavioral Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**SM** - Stress Management  
**TX** - Treatment

**PL - PULMONARY DISEASE**

**BIP** - Bilevel (or Continuous) Positive Airway Pressure Ventilation  
**C** - Complication  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow up  
**HM** - Home Management  
**INT** - Intubation  
**IS** - Incentive Spirometry  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**MDI** - Metered-Dose Inhalers  
**N** - Nutrition  
**NEB** - Nebulizer  
**O2** - Oxygen Therapy  
**PF** - Peak-Flow Meter  
**PM** - Pain Management  
**PRO** - Procedures  
**SHS** - Second Hand Smoke  
**SPA** - Spacers  
**TE** - Tests  
**TO** - Tobacco (Smoking)  
**VENT** - Mechanical Ventilation

**XRAY - RADIOLOGY/ NUCLEAR MEDICINE**

**C** - Complications  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**PRO** - Procedure  
**S** - Safety  
**TE** - Tests

**RSV - RESPIRATORY SYNCYTIAL VIRUS**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**NEB** - Nebulizer  
**P** - Prevention  
**SHS** - Second Hand Smoke  
**TE** - Tests  
**TO** - Tobacco (Smoking)

**SCR** - Screening  
**SM** - Stress Management  
**WC** - Wound Care

**DIA - DIALYSIS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PRO** - Procedures  
**TE** - Tests

**SUP - DIETARY SUPPLEMENTS**

**C** - Complications  
**FU** - Follow-up  
**I** - Supplement Information  
**SCH** - Schedule

**DCH - DISCHARGE FROM HOSPITAL**

**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**POC** - Plan of Care  
**PRO** - Procedures  
**REF** - Referral  
**RI** - Patient Rights and Responsibilities  
**S** - Safety  
**TE** - Testing  
**TX** - Treatment

**DIV - DIVERTICULITIS/ DIVERTICULOSIS**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** - Treatment

**DV - DOMESTIC VIOLENCE**

**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**P** - Prevention  
**PSY** - Psychotherapy

**S** - Safety and Injury Prevention  
**SCR** - Screening  
**SM** - Stress Management  
**TX** - Treatment

**LIP – DYSLIPIDEMIAS**

**C** - Complication  
**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**SM** - Stress Management  
**TE** - Tests

**DYS – DYSRHYTHMIAS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**PRO** - Procedures  
**TE** - Tests  
**TX** - Treatment

**ECC - EARLY CHILDHOOD CARIES**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**GD** - Growth and Development  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**PRO** - Procedures  
**TE** - Tests  
**TX** - Treatment

**ECZ - ECZEMA / ATOPIC DERMATITIS**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**WC** - Wound Care

**ELD - ELDER CARE**

**CUL** - Cultural/Spiritual Aspects of Health  
**DP** - Disease Process/Aging  
**EQ** - Equipment  
**EX** - Exercise

**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**S** - Safety and Injury Prevention  
**SM** - Stress Management

#### **EOL - END OF LIFE**

**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**GP** - Grieving Process  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**LW** - Living Will  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**PSY** - Psychotherapy  
**SM** - Stress Management  
**TX** – Treatment

#### **EYE - EYE CONDITIONS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**P** - Prevention  
**PM** - Pain Management  
**SCR** - Screening  
**TE** - Tests  
**TX** – Treatment

#### **FALL - FALL PREVENTION**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**S** - Safety and Injury Prevention

#### **FP - FAMILY PLANNING**

**AP** - Anatomy and Physiology  
**DIA** - Diaphragm  
**DPO** - Depo Medroxyprogesterone Injections  
**FC** - Foam and Condoms  
**FU** - Follow-up  
**IC** - Implant Contraception  
**IUD** - Intrauterine Device  
**L** - Patient Information Literature  
**MT** - Methods  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**OC** - Oral Contraceptives  
**ST** - Sterilization

#### **F – FEVER**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**TE** - Tests

#### **FMS - FIBROMYALGIA SYNDROME**

**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests

#### **FF - FORMULA FEEDING**

**FS** - Formula Feeding Skills  
**I** - information  
**L** - Patient Information Literature  
**ME** - Maternal Engorgement  
**NJ** - Neonatal Jaundice  
**S** - Safety Outcomes  
**SF** - Introduction to Solid Foods

#### **FRST - FROSTBITE**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TX** - Treatment  
**WC** - Wound Care

#### **GB - GALLBLADDER DISORDERS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**PRO** - Procedures  
**TE** – Tests

#### **GE – GASTROENTERITIS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process

#### **PM - PAIN MANAGEMENT**

**AP** - Anatomy and Physiology  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PSY** - Psychotherapy  
**TE** - Tests  
**TX** – Treatment

#### **PC - PANCREATITIS**

**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** – Treatment

#### **PNL - PERINATAL LOSS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**GP** - Grieving Process  
**L** - Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**SM** - Stress Management  
**TX** - Treatment

#### **PD - PERIODONTAL DISEASE**

**AP** - Anatomy and Physiology  
**C** - Complication  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** – Treatment

#### **PVD - PERIPHERAL VASCULAR DISEASE**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health

**DP** - Disease Process  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** – Treatments

#### **PT - PHYSICAL THERAPY**

**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**GT** - Gait Training  
**I** - Information  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**TX** - Treatments  
**WC** - Wound Care

#### **PNM – PNEUMONIA**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**IS** - Incentive Spirometry  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** – Treatment

#### **POI - POISONING**

**FU** - Follow-up  
**I** - Information  
**L** - Patient Information Literature  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

#### **PP – POSTPARTUM**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**FU** - Follow-up  
**I** - Information  
**INF** - Infant Care  
**KE** - Kegel Exercises  
**L** - Patient Information Literature  
**M** - Medications  
**NJ** - Neonatal Jaundice  
**PM** - Pain Management  
**SF** - Introduction of the Infant to Solid Foods  
**WC** - Wound Care

**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**SM** - Stress Management  
**TE** - Tests

#### **NDR - NEAR DROWNING**

**AP** - Anatomy and Physiology  
**C** - Complications  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**N** - Nutrition  
**P** - Prevention  
**TE** - Tests

#### **NF - NEONATAL FEVER**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**TE** - Tests

#### **NJ - NEONATAL JAUNDICE**

**C** - Complications  
**DP** - Disease Process  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

#### **ND - NEUROLOGIC DISORDER**

**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**S** - Safety and Injury Prevention  
**TE** - Tests

#### **OBS - OBESITY**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition

**P** - Prevention  
**SM** - Stress Management  
**T** - Tests

#### **ODM - OCULAR DIABETES**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**LT** - Laser Therapy  
**M** - Medications  
**PM** - Pain Management  
**TE** - Tests  
**TX** - Treatment

#### **ORTH - ORTHOPEDICS**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**PRO** - Procedure  
**PT** - Physical Therapy  
**S** - Safety and Injury Prevention  
**TE** - Tests  
**TX** - Treatment

#### **OS - OSTEOPOROSIS**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**TX** - Treatment

#### **OM - OTITIS MEDIA**

**C** - Complication  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**P** - Prevention  
**PET** - Pressure Equalization Tubes  
**PM** - Pain Management  
**TE** - Tests

**FU** - Follow-up  
**HM** - Home Management  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**TE** - Tests  
**TX** - Treatment

#### **GER - GASTROESOPHAGEAL REFLUX DISEASE**

**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

#### **GAD - GENERALIZED ANXIETY DISORDER**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**M** - Medications  
**SM** - Stress Management  
**TX** - Treatment

#### **GENE - GENETIC DISORDERS**

**BH** - Behavioral and Social Health  
**C** - Complications  
**EQ** - Equipment  
**FU** - Follow-up  
**I** - Information  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptation  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PA** - Parenting  
**PT** - Physical Therapy  
**S** - Safety and Injury Prevention  
**SM** - Stress Management  
**TE** - Tests

#### **GIB - G.I. BLEED**

**C** - Complications  
**CUL**- Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

#### **GL - GLAUCOMA**

**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LT** - Laser Therapy  
**M** - Medications  
**TE** - Tests

#### **GBS - GUILLAIN-BARRE SYNDROME**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**TE** - Tests  
**TX** - Treatment

#### **HPS - HANTAVIRUS PULMONARY SYNDROME**

**C** - Complications  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**INT** - Intubation  
**L** - Patient Information Literature  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment  
**VENT** - Mechanical Ventilator

#### **HA - HEADACHES**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PSY** - Psychotherapy  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

#### **HRA - HEARING AIDS**

**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations

#### **HL - HEARING LOSS**

**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**SCR** - Screening  
**SL** - Speech and Language Screening  
**TE** - Testing

## **HEAT - HEATSTROKE**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

## **HEP - HEPATITIS A,B,C**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DPA** - Disease Process (Hep A)  
**DPB** - Disease Process (Hep B)  
**DPC** - Disease Process (Hep C)  
**FU** - Follow-up  
**L** - Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**TE** - Tests  
**TX** - Treatment

## **HIV - HUMAN IMMUNODEFICIENCY VIRUS**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**HM** - Home Management  
**HY** - Hygiene  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PN** - Prenatal  
**S** - Safety  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

## **HTN – HYPERTENSION**

**C** - Complication  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications

**MNT** - Medical Nutrition Therapy  
**N** – Nutrition  
**SM** - Stress Management  
**TE** - Tests

## **HTH – HYPERTHYROIDISM**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SCR** – Screening  
**TE** - Tests  
**TX** – Treatment

## **HPTH - HYPOTHERMIA**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**PM** - Pain Management  
**SM** - Stress Management  
**TE** - Tests  
**TX** - Treatment

## **LTH – HYPOTHYROIDISM**

**AP** - Anatomy and Physiology  
**C** - Complications  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**SCR** - Screening  
**TE** – Tests

## **IM – IMMUNIZATION**

**DEF** - Deficiency  
**FU** - Follow-up  
**I** - Immunization Information  
**L** - Patient Information Literature  
**P** - Prevention  
**SCH** – Schedule

## **IGT - IMPAIRED GLUCOSE TOLERANCE**

*Refer to PDM - Prediabetes*

## **IMP - IMPETIGO**

**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications

**P** - Prevention  
**TX** - Treatment

## **FLU - INFLUENZA**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**IM** - Immunization  
**L** - Patient Literature Information  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention

## **INJ – INJURIES**

**CC** - Cast Care  
**EQ** - Equipment  
**EX** - Exercise  
**FU** - Follow-up  
**HM** - Home Management  
**I** - Information  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**PM** - Pain Management  
**TE** - Tests  
**WC** - Wound Care

## **LAB - LABORATORY**

**DRAW** - Phlebotomy  
**FU** - Follow-up  
**L** - Literature  
**S** - Safety  
**TE** - Tests

## **PB - LEAD EXPOSURE / LEAD TOXICITY**

**C** - Complications  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**P** - Prevention  
**SCR** - Screening  
**TE** – Tests  
**TX** - Treatments

## **LIV - LIVER**

**AP** - Anatomy and Physiology  
**C** - Complication  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**FU** - Follow-up  
**L** - Patient Information Literature  
**LA** - Lifestyle Adaptations  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**T** - Tests  
**TX** – Treatment

## **DEP - MAJOR DEPRESSION**

**CUL-** Cultural/Spiritual Aspects of Health

**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Patient Information Literature  
**M** - Medications  
**PSY** - Psychotherapy  
**SCR** - Screening  
**SM** - Stress Management  
**WL** - Wellness

## **MEDS - MEDICAL SAFETY**

**C** - Complications  
**FU** - Follow-up  
**I** - Information  
**L** - Patient Information Literature  
**M** - Medications  
**P** - Prevention  
**TE** - Tests

## **M – MEDICATIONS**

**DI** - Drug Interaction  
**FU** - Follow-up  
**I** - Information  
**L** - Patient Information Literature  
**PRX** - Medication Dispensation to Proxy

## **MPS - MENOPAUSE**

**AP** - Anatomy and Physiology  
**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EX** - Exercise  
**FU** - Follow-up  
**L** - Literature  
**LA** - Lifestyle Adaptation  
**M** - Medications  
**MNT** - Medical Nutrition Therapy  
**N** - Nutrition  
**PRO** - Procedures  
**S** - Safety and Injury Prevention  
**SM** - Stress Management  
**T** - Tests

## **MH - MEN'S HEALTH**

**AP** - Anatomy and Physiology  
**BE** - Breast Exam  
**CUL-** Cultural/Spiritual Aspects of Health  
**FU** - Follow-up  
**HY** - Hygiene  
**L** - Patient Information Literature  
**M** - Medications  
**PRS** - Prostate Health  
**RS** - Reproductive System  
**SM** - Stress Management  
**T** - Tests  
**TSE** - Testicular Self-Exam

## **MSX - METABOLIC SYNDROME**

**C** - Complications  
**CUL-** Cultural/Spiritual Aspects of Health  
**DP** - Disease Process  
**EQ** - Equipment