



# BUILDING BETTER HEALTH

2016 Alaska Native Tribal Health Consortium Annual Report





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## BUILDING BETTER HEALTH for ALASKA NATIVE PEOPLE

2016 marked a year of continued growth at the Alaska Native Tribal Health Consortium. Our growth at ANTHC focuses on initiatives to fulfill our vision. Over the years, ANTHC sponsored preventative health and wellness programs, constructed rural water and sewer infrastructure that supports public health, trained new community, dental and behavioral health providers for care closer to home, and expanded access to specialty medical care in clinics at the Alaska Native Medical Center and by pioneering telehealth.

This year, ANTHC continued building better health with exciting new construction projects: ANMC patient lodging and specialty outpatient medical clinics in the Healthy Communities Building. Details on these projects are contained in this year's annual report, but we are just beginning to see the true impact of our growth. These construction activities are leading to better access to care for our people. Many clinics are larger, ANMC has increased bed capacity and we are adding providers and appointments. All of these improvements are decreasing wait times, increasing availability of specialty care, and amplifying the exceptional quality of services from ANTHC.

We are constantly investing in our people and infrastructure to ensure these services are provided in order to advance our vision that Alaska Native people are the healthiest people in the world. We are expanding capacity and access to care that positively impacts the health of our people in ways that best serve the Alaska Tribal Health System and reflects our Alaska Native cultures. We are building better health.

## ABOUT the ALASKA NATIVE TRIBAL HEALTH CONSORTIUM

The Alaska Native Tribal Health Consortium is a nonprofit Tribal health organization designed to meet the unique health needs of Alaska Native and American Indian people living in our state. ANTHC serves more than 153,000 Alaska Native and American Indian people and partners with the Tribal health organizations of the Alaska Tribal Health System, managed through Tribal self-governance.

In pursuit of our vision that Alaska Native people are the healthiest people in the world, ANTHC provides world-class health services. Our services include comprehensive specialty medical services at the Alaska Native Medical Center, community wellness programs, disease research and prevention, rural provider training, and rural water and sanitation systems construction across Alaska.

ANTHC is the largest, most comprehensive Tribal health organization in the United States, and Alaska's second-largest health employer, with more than 2,500 employees offering an array of health services to people throughout the nation's largest state. Tribal self-governance allows ANTHC to provide culturally appropriate health services and the highest-quality health services in partnership with our people and the Alaska Tribal Health System.





LETTER from the CHAIRMAN & PRESIDENT



ANDY TEUBER  
ANTHC Chairman & President  
Kodiak Area Native Association

Greetings,

Improving access to care for the more than 153,000 Alaska Natives and American Indians we serve remains our highest priority. Many parts of the strategic plan developed by the Consortium’s Board to achieve this are reaching completion. I would like to thank the outgoing Directors Bernice Kaigelak, H. Sally Smith, Ben Atoruk, and Emily Hughes for their years of service and vision in helping to develop this plan.

We have worked hard in expanding our clinical space and improving our internal processes. Our efforts over the past five years have increased specialty clinic access by 44 percent, surgical cases by 19 percent and doubled our endoscopy cases. In the past year alone, the Consortium has increased clinical space by more than 40,000 square feet while also improving the design of our Internal Medicine, Dermatology, Podiatry, Neurology, Oncology, Infusion Center, Palliative Care, and Pulmonology clinics to provide better access to services.

Beyond increasing access, we continue to strive to provide the highest quality of care. The quality of the care that we provide was reaffirmed by the Alaska Native Medical Center’s continued designation as a Magnet® facility for nursing and Level II Trauma Center as well as our re-accreditation by the Joint Commission. The ANMC Palliative Care team was the recipient of a 2016 Heroes in Healthcare award for its significant contributions to hospice care in the community. Our readmission rates have steadily declined in recent years and are in the top 10th percentile in the country. Also, our decreased sepsis rates have resulted in the equivalent of 179 saved lives since 2014.

Our Division of Environmental Health and Engineering (DEHE) continues to improve the public health infrastructure throughout the state, but much work remains. The Consortium advocated for an increase in funding for water and sewer projects and our Congressional delegation and state government responded by securing an increase of \$27 million in water, sewer and energy funding in fiscal year 2016 for Alaska. We more than doubled the number of maintenance and improvement projects completed in 2015 and 2016 compared to the two years prior. DEHE is also providing economical and innovative solutions to address rural water and sanitation needs, such as the Portable Alternative Sanitation System pilot project in Kivalina.

A well trained rural workforce is essential to a robust Alaska Tribal Health System. In recognition of this, our Board funded the establishment of an education center to provide a collaborative inter-professional environment to increase training of Dental Health Aide Therapists, Behavioral Health Aides and Community Health Aides. The establishment of a child care center was also approved, in furtherance of our continued efforts to ensure that the Consortium is a preferred workplace for current and potential employees.

Finally, our patient housing facility will have its grand opening in January 2017. The housing facility will greatly increase access to care at ANMC for those residing outside of the Anchorage region, while also reducing the need and expense of having to purchase hotel rooms off campus for those we serve. It is fitting that the housing facility will be dedicated to the memory of Mike Zacharof. During his many years of service on the Board, Mike “Z” was a stalwart supporter of improving access to care for Alaska Native people.

The direction of our Board in supporting important projects and adjusting key personnel has ensured that the Consortium is well positioned to achieve its mission. All of our progress this year was accomplished while maintaining our strong financial position. The Consortium was able to obtain a nearly six percent operating margin in 2016 and the patient housing and other projects should ensure that we sustain strong operating margins in the future.

It has been an eventful year for the Consortium. Many of our successes have been achieved in collaboration with our federal and state partners, which were made possible because of our Board’s long-term support of our advocacy efforts in developing these relationships. Our well established relationships at the federal and state level should serve us well as we enter into a new and uncertain political environment. I look forward to informing you about our progress and successes in the coming years.

Respectfully,

Andy Teuber  
Chairman & President

BOARD of DIRECTORS



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ANTHC Vice Chair  
SouthEast Alaska Regional Health Consortium



CHARLENE NOLLNER  
ANTHC Secretary  
Copper River Native Association



EVELYN BEETER  
ANTHC Treasurer  
Unaffiliated Tribes  
Mt. Sanford Tribal Consortium



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JACOB IVANOFF  
Norton Sound Health Corporation



DR. KATHERINE GOTTLIEB  
Southcentral Foundation



ANDREW JIMMIE  
Tanana Chiefs Conference



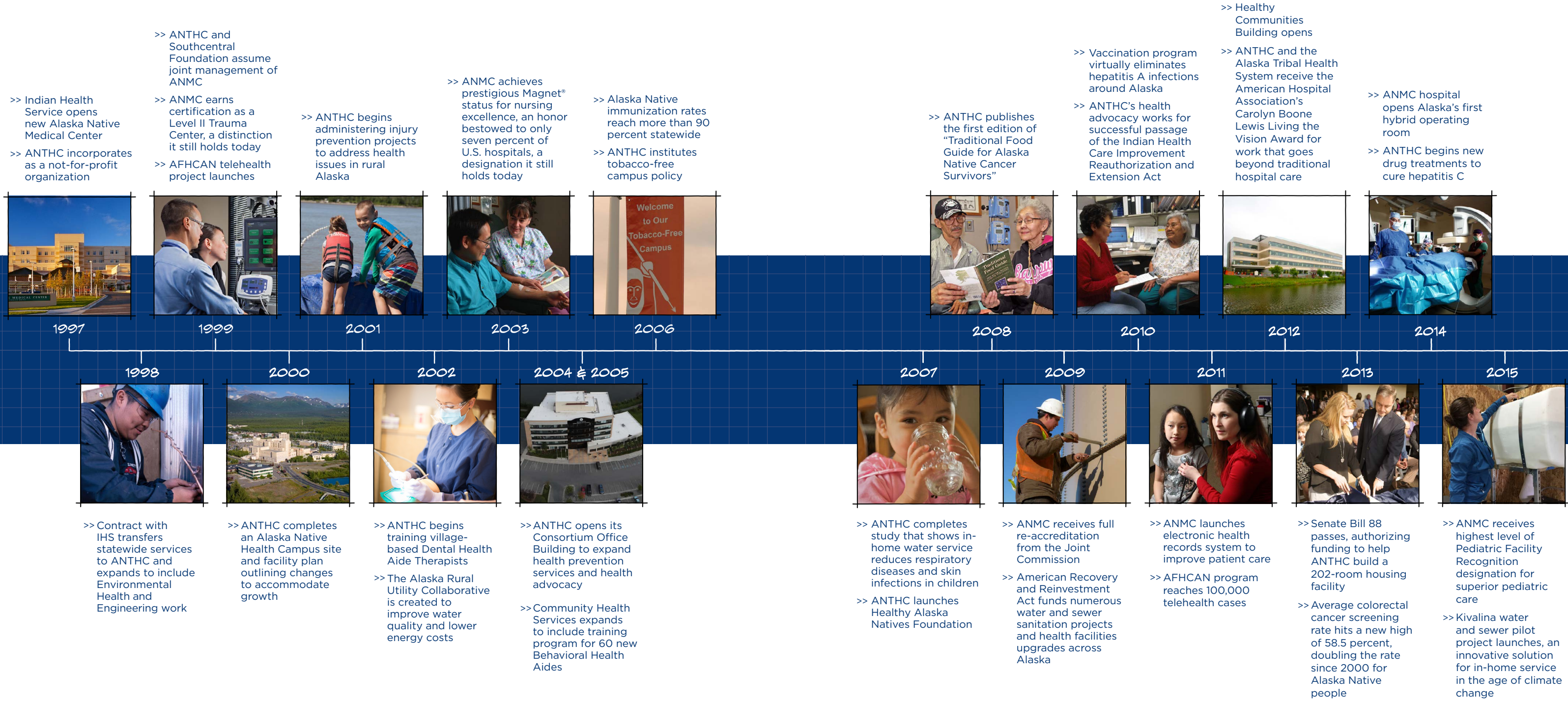
CHIEF GARY HARRISON  
Unaffiliated Tribes  
Chickaloon Native Village



ESAI TWITCHELL  
Yukon-Kuskokwim Health Corporation



ANTHC HIGHLIGHTS: 1997-2015







## BUILDING ACCESS at ALASKA NATIVE MEDICAL CENTER

As the specialty care hospital for the Alaska Tribal Health System, our growth at the Alaska Native Medical Center focuses on improving access to care for our people, while also enhancing the quality and experience of the care we provide. 2016 was marked by the first additions of new patient care space, that were not renovations, since the ANMC hospital was built in 1997.

ANMC operates a state-of-the-art, 167-bed hospital that provides specialty medical services to Alaska Native and American Indian people. ANMC was Alaska's first Level II Trauma Center, has received Magnet® recognition for nursing excellence since 2003, and shared the American Hospital Association's Carolyn Boone Lewis Living the Vision Award with the Alaska Tribal Health System.

*ANMC is jointly owned and managed by the Alaska Native Tribal Health Consortium (ANTHC) and Southcentral Foundation (SCF).*

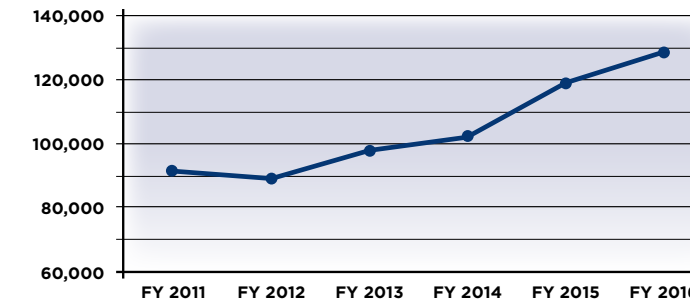
### ANMC by the numbers

- Total outpatient specialty visits: 135,313
- Total inpatient admissions: 7,371
- Babies born: 1,666
- Surgical Cases: 17,188
- ED visits: 59,767

### More appointments, less wait

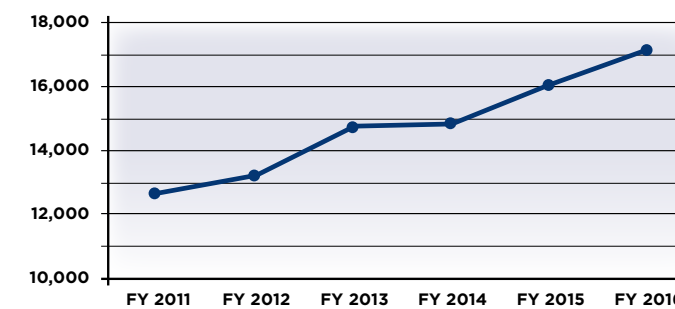
Over the last five years, ANMC leadership has implemented strategies to decrease wait times for appointments and increase the number of people that are being seen. Below are a few charts that show the growth at ANMC.

#### SPECIALTY CLINIC VISITS



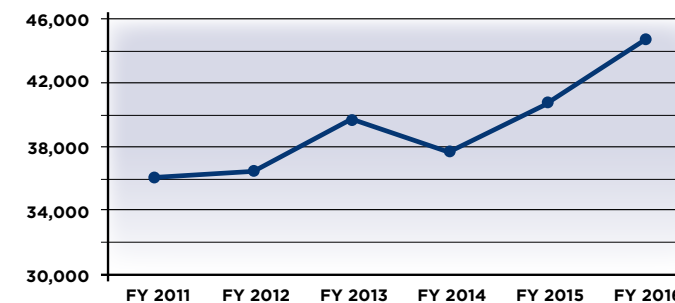
The average wait to see a specialist at ANMC is two days. Increases in physician staffing and scheduling increased specialty care visits by nearly 40,000 visits, or 44 percent, since 2011.

#### SURGICAL CASES



The Ambulatory Surgery Center and weekend cases have helped increase the availability of surgeons to take on more cases. Since 2011, surgical cases have increase by more than 1,500 visits, or 16 percent.

#### TOTAL INPATIENT DAYS



Redesigned clinic spaces created room for more patient beds at ANMC. In 2011, there were 36,000 patient days. In 2016, ANMC saw more than 44,000 patient days for an increase of 22 percent.

### Recent highlights of our growth at ANMC

**Remodeling the Healthy Communities Building** to accommodate new clinic space

**New lodging facility** for ANMC patients traveling to the Alaska Native Health Campus

**Flex bed unit** with flexible layout to serve pre- and post-operative patients

**Orthopedics Clinic expansion**  
Clinic expansion added clinic hours with more surgeries performed each year since 2014

**Endoscopy/Day Surgery Clinic remodel** increased day surgery beds to a total of 5 and upgraded endoscopy chairs to beds for comfort

**Cardiology & Neurosurgery Clinics expansion** added 6 new exam rooms and 1 new echocardiogram treatment room

**New visitor parking garage** was built to accommodate increased clinic access and number of appointments available at ANMC

**Labor & Delivery C-Section Unit expansion** added 1 new C-section OR, 3 new labor and delivery rooms and remodeled 5 L&D rooms

**Neonatal Intensive Care Unit remodel** increased number of beds to 12 and improved unit efficiency for enhanced quality of care

**OB Triage & Support expansion** added 6 new stand-alone rooms for expectant mothers creating space efficiency and service improvements

**ANMC lobby flooring replacement** will enhance comfort for visitors and wheelchair accessibility

**ANMC exterior brick resurfacing** preserved and enhanced the hospital for the long term





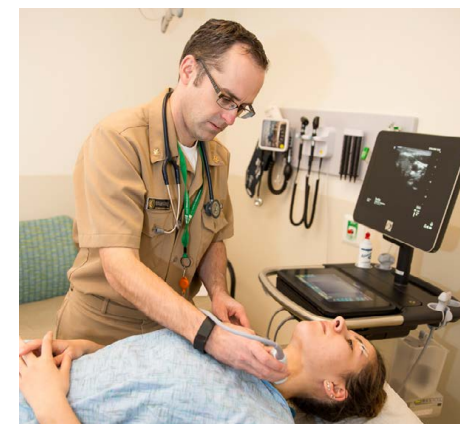
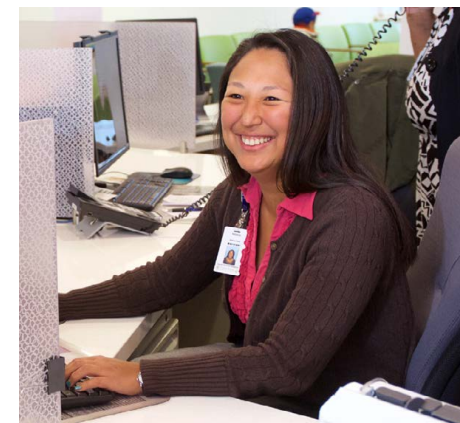
## HEALTHY COMMUNITIES BUILDING

Third floor: Internal Medicine



### Project Profile

- Construction start date: November 2015
- Clinic opening date: May 16, 2016
- 20,000 square feet of new clinic space
- 50 new exam rooms
- Neurology testing room
- Procedure room
- Laboratory
- New pharmacy
- X-ray room



An important part of ANTHC's plan to achieve our vision, is that we provide the right care at the right time in the right place. Over the last five years, medical specialists at ANMC have seen more patients and increased access to care with specialty clinic visits that have increased by 44 percent in our existing medical space.

As the population of Alaska Native people continues to grow, the need for growth in our specialty clinics has been apparent. Our project to expand the ANMC Internal Medicine clinic adds 20,000 square feet of additional patient care space to meet the growing health needs of our people.

ANTHC developed solutions to increase outpatient clinic space in innovative ways that meet the current and future health needs of the people we serve. The Internal Medicine clinic move into the new space creates additional opportunities for expansion in the ANMC hospital for other specialty clinics to add more space and appointment availability.

Internal Medicine focuses on the diagnosis and treatment of adult diseases and provides various services that include: Dermatology; Diabetes; Early Intervention Services (AIDS, HIV); Endocrinology; Gastroenterology; General Internal Medicine; Liver Disease; Infectious Diseases; Neurology; Neurologic Testing; Pulmonology; Rheumatology; and Nephrology.





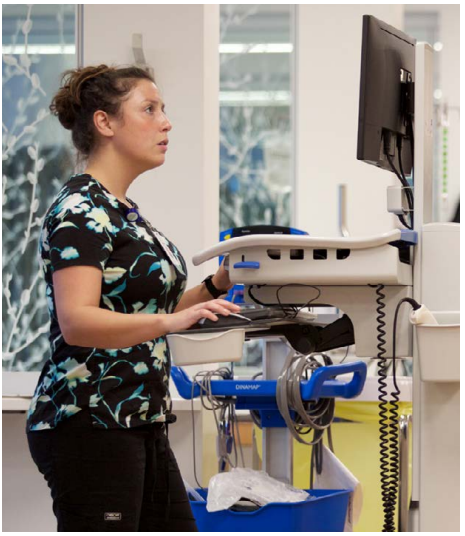
# HEALTHY COMMUNITIES BUILDING

Fourth floor: ANMC Infusion Center and Oncology, Palliative Care & Hematology, Pulmonology, Podiatry



## Project Profile

- Construction start date: November 2015
- Clinics opening date: October 3, 2016
- 20,000 square feet of clinic space
- 18 new infusion bays plus pharmacy support
- 23 new exam rooms
- 1 Pulmonary function testing room
- 1 procedure room
- Large wellness meeting room



**This addition of 20,000 square feet of new clinic space on the fourth floor of the Healthy Communities Building is designed to provide our people with a healing environment to enhance the healing treatment provided.**

Brilliant views of the Chugach mountain range. New comfortable chairs and dimmed lights for rest and relaxation. Additional space for friends and family or group infusion areas to share your experience. These are all new options for our patients who are referred for the treatment of cancers or blood diseases.

For the new ANMC Infusion Center, Oncology and Hematology, and Palliative Care clinics, the state-of-the-art and personal cancer care and treatment is matched by an environment of hope and healing. This new space helps us bring all aspects of care — from physician visits to lab appointments to the pharmacy — to our patients in one convenient location.

The additional patient care space helps us meet the important health needs of our people and address our leading health challenge — cancer.

Additional space is devoted to the ANMC Pulmonology and Podiatry clinics. New treatment rooms are specially designed for patients with respiratory conditions. New Podiatry clinic space enabled ANTHC to hire a new clinic specialist and created opportunity for podiatry field clinics.







# BUILDING BETTER ACCESS: Patient housing at ANMC

The patient housing facility at the Alaska Native Medical Center opens a new era of hospitality and care for Alaska Native people. Our people are not isolated in hotels when they travel to Anchorage for care at ANMC; they have a home away from home in a patient housing facility attached directly to our hospital. Our people get the benefit from the culturally-appropriate care and service they receive from ANTHC staff.

## ABOUT the BUILDING

- 6 floors
- 202 rooms
- Alaska's first Ronald McDonald House on a dedicated floor for expectant mothers, kids and families
- Sky bridge access to ANMC and parking garage
- Communal living and cooking areas
- Dining facility and gathering space
- Exercise room and access to walking trails
- Self-serve laundry facilities

## PROJECT MILESTONES

**January 2014**  
President Obama signs ANTHC Land Transfer Act, giving ANTHC the land on the Alaska Native Health Campus for the future site of the ANTHC patient housing facility



**August-September 2014**  
The State of Alaska successfully sells Certificates of Participation to individual investors so it can provide \$35 million in funding to ANTHC to build the patient housing facility



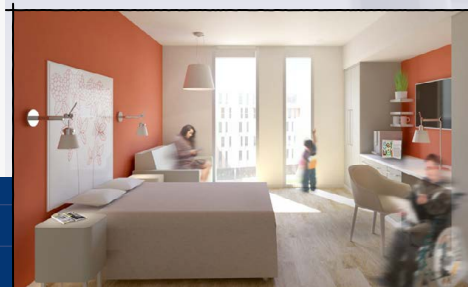
**October 2014**  
ANTHC patient housing design completed by KPB Architects



**May 2015**  
Groundbreaking celebration for patient housing; Neeser Construction, Inc. begins building



**December 2016**  
Building construction complete



**January 2017**  
Patient housing welcomes first guests





# BUILDING BETTER ACCESS: Patient Housing at ANMC

## Benefits for patients

- Convenient on-campus lodging capacity
- Improved access to care
- Culturally appropriate healing environment
- Significantly reduced in-town travel and logistics
- Reduced lodging costs for payers



Providing suitable patient lodging has been a longstanding challenge for the people we serve from rural areas. Our innovative solution is the new patient housing at ANMC, which enhances the quality of care our people receive with a healing environment built especially for them when they must travel to Anchorage for needed health services.

## Building a better experience: A healing environment for our people

The housing facility is designed to be a different kind of lodging for ANMC patients. The new facility provides a culturally appropriate home away from home environment for our guests while they receive care and recover. This is especially important for expectant mothers with high-risk pregnancies who travel to Anchorage weeks prior to delivery, cancer patients requiring extended infusion and radiation therapies, surgery patients needing outpatient specialty medical care and recovery time, and children and Elders who travel with their escorts.

We have expanded capacity and amenities that promote a positive healing environment for our patients with serious medical conditions that require the highest quality of care. The facility features comforting amenities like a new dining space and gathering areas, communal kitchens for preparing foods from home, an outdoor courtyard garden, a fitness center and access to walking trails.

Ensuring convenient and available lodging reduces the travel barriers to care and health care system costs, and increases access to the quality care that will make Alaska Native people the healthiest people in the world.



**Ronald McDonald House®**  
at ANMC

## ANTHC patient housing facility houses Alaska's first Ronald McDonald House

Alaska's first Ronald McDonald House is located on the top floor of the six-story patient lodging building dedicated to maternal and family housing. ANTHC and Ronald McDonald House Charities® of Western Washington & Alaska (RMHC) expanded their partnership to provide programming and activities that enhance the family friendly environment for expectant mothers and families of pediatric patients at the Alaska Native Medical Center.

The partnership with RMHC allows families to focus on the important tasks of health and recovery for their children, without worrying about a family-friendly place to stay. Activities such as exercise and education programming will provide welcome distractions in the time between medical procedures and appointments.

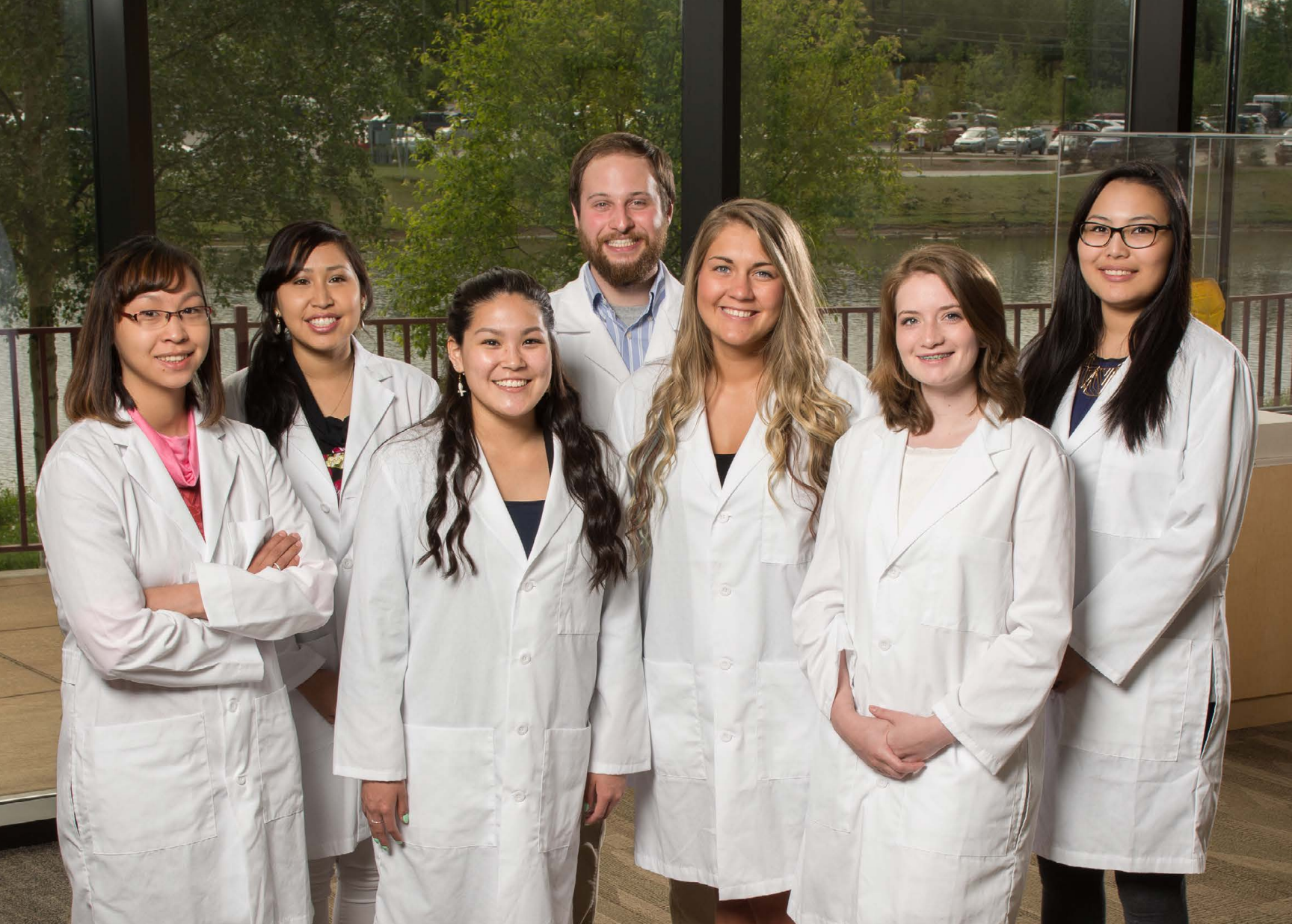
In the 34 RMHC rooms, each has its own bathroom, full-sized bed and sleeper chair. Other amenities at the House include common areas, a dedicated kitchen, access to a workout space and cafeteria, and a library of books for new mothers to take home. Programs at the House will emphasize Alaska Native culture, including plans for volunteer-run activities including beading, craft circles and healthy cooking classes using traditional foods.

## Dedicated to the memory of Mike Z.



**Tribal leader Mike Zacharof worked for more than 50 years to improve the lives and health of Alaska Native people, including as a longtime ANTHC board member representing the Aleutian Pribilof Islands Association. In honor of his tireless commitment to ensuring all patients have access to lodging while at ANMC, we dedicate the Patient Housing at ANMC facility in his memory.**





## BUILDING BETTER HEALTH for the FUTURE

### Healthy People and Prevention statewide services

ANTHC offers preventative health services and programs to elevate the health status of Alaska Native communities. We partner with statewide Tribal health organizations to offer wellness programs for chronic diseases such as diabetes and liver disease, while encouraging healthy choices through education and services in tobacco prevention, injury prevention, and traditional food and nutrition. Additional statewide support comes from providing services in health research and data, and health training and education.

### Dental Health Aide Therapist educational program newly accredited with Iḷisaḡvik College

ANTHC and Iḷisaḡvik College partnered to offer DHAT students new enhancements to their educational program. The DHAT program is now academically affiliated with Iḷisaḡvik College, Alaska's only accredited Tribal college, and will offer both a certificate and an Associate of Applied Science in Dental Health Therapy, allowing students to apply for scholarships and federal student aid. These mid-level providers have been bringing much needed oral health care to rural Alaska since 2004.



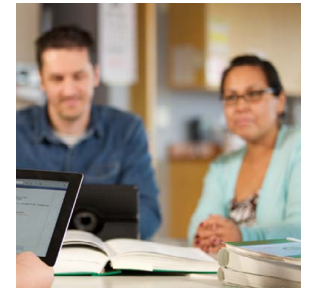
### Alaska Native Epidemiology Center celebrates local garden in Tyonek with Healthy Portraits Project

ANTHC's Alaska Native Epidemiology Center uses photography to highlight activities in an Alaska Native community that demonstrate and promote health and wellness with the Healthy Portraits Project. This year, the Tyonek Tribal Conservation District helped tell the story of the community garden in the Native Village of Tyonek. The garden was started in 2008 to enhance local food security and promote healthy eating. A selection of photos are permanently displayed in the Tebughna School to inspire future generations toward health and wellness.



### Play Every Day campaign releases new videos showcasing healthy activities in rural Alaska through partnership with ANTHC

To help raise awareness about the health risks of childhood obesity, the Alaska Native EpiCenter used funding from the Centers for Disease Control and Prevention to partner with the Alaska Department of Health and Social Services Play Every Day campaign. The awareness campaign includes video public service announcements, posters and ads that show the healthy activities happening in our rural communities.



### Distance learning helps CHA/Ps enhance quality of care at home

Community Health Aides and Practitioners (CHA/Ps) have new education options to provide culturally appropriate cancer education for themselves and their communities. A grant from the National Cancer Institute supported the development of online cancer education to allow CHA/Ps to utilize distance education to promote wellness and cancer prevention. New interactive education modules, with resources and activities to support cancer knowledge and understanding, were recently developed. The new CHAP Distance Learning team focuses on new education opportunities for our Tribal health providers.

### Healthy People and Prevention by the Numbers

- 50 new Tobacco Treatment Specialists trained
- 31 disease prevention and health education programs
- 2,670 patients provided with tobacco treatment services
- 200 Alaskan Plants as Food & Medicine Symposium participants
- 593,068 food items shipped to 18 Tribal agencies around Alaska
- 23 EpiCenter fact sheets created
- 111 CHA/P students completed session training, up from 58 in 2011





## HEALTHY HOMES and COMMUNITIES

Healthy homes and communities are the foundation for improving the health of Alaska Native people. ANTHC's health services include planning, design, construction and operations support of public health infrastructure and utilities throughout Alaska. Through our work, ANTHC provides sustainable public health solutions to communities across our state and protects the health of our people.

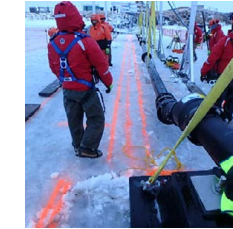
### Water is Life Project: Deering and Russian Mission partner with ANTHC for unique project celebrating Tribal water management

The National Tribal Water Center and the Alaska Rural Utility Collaborative (ARUC) partnered on a project called Water is Life, using art to promote pride and ownership in Tribal drinking water and water systems. Deering and Russian Mission participated in Water is Life for 2016. Water murals were painted on the water storage tank in Russian Mission and a community center in Deering to celebrate the community connections to water. Funding for the mural paintings was provided by the Healthy Alaska Natives Foundation.



### Alaska Rural Utility Collaborative earns national recognition as Harvard award finalist

ANTHC's Alaska Rural Utility Collaborative program was selected as one of 2016's top six Tribal governance programs by the Harvard University John F. Kennedy School of Governance Honoring Nations awards committee. The Honoring Nations award celebrates exemplary programs in Tribal governance. From an initial field of 87 applicants, ARUC is noted for its Tribal partnerships that empower rural villages to sustainably provide safe water and sanitation services that positively impact the health of our people.



### Environmental Health and Engineering staff overcome climate challenges in Eek water project

Climate conditions in Eek posed unique challenges when river ice near the community failed to freeze to adequate thickness over the winter to begin construction on a new water intake system. New solutions from ANTHC's Environmental Health and Engineering staff were needed for the project to proceed as scheduled. Successfully implemented, this project has supplied the community with the means to pump water year-round and to support the fully piped water and sewer system.



### Rural Energy Initiative heat recovery project in Noorvik saves energy costs

A Rural Energy Initiative heat recovery energy project for the Noorvik water utility is projected to save 16,000 gallons of heating fuel annually for the community by capturing excess heat energy from the community power plant and using it as an alternative energy source instead of burning thousands of gallons of heating fuel each winter. The recovered heat will be used to heat Noorvik's extensive water and sewer system to prevent freezing and disruption to public sanitation services, resulting in substantial cost savings for the electric and water utilities.



### Alaska Rural Utility Collaborative communities weather climate change challenges

Adaptive ways to connect water utilities to homes such as hydronic thaw recovery systems and through wall disconnects are new innovations from ANTHC that are helping protect rural homes from freeze and thaw cycles while maintaining in-home water service. Climate change has introduced challenges to maintaining in-home water and sewer service to Arctic communities and adds maintenance costs. ARUC communities strive to make utility systems sustainable and cost-effective for the long term, and these innovations from ANTHC are an important part.

## Healthy Homes and Communities by the Numbers

- Rural Energy Initiative's work has reduced ARUC village energy costs by 33 percent since 2011, and saves \$2.85 million across Alaska each year
- 9 homes received Portable Alternative Sanitation Systems
- \$95 million in funding for water, sewer and energy projects
- 34 Preliminary Engineering Reports completed
- 114 final project reports completed





## STATEWIDE PARTNERSHIPS

ANTHC works with many partners, lawmakers and advocates to build a health system that provides the highest quality services. ANTHC staff provides trainings, resources and navigation services to Tribal health partners and individuals to support the health of Alaska Native people and the Alaska Tribal Health System.

### More Tribal partners connect to ANMC with shared electronic health record

The shared electronic health record helps improve patient care through increased communication between our Tribal health organizations and providers, leading to better care for our people. ANTHC Health Information Technology has helped with the transition to the Cerner electronic health record system. About two-thirds of all outpatient encounters throughout the Alaska Tribal Health System are available in the shared EHR domain.



**Telehealth available in more clinics across the Alaska Tribal Health System**  
Telehealth consultation is now available for 30 ANMC specialty clinics, making follow up care available closer to home. Last year, the number of clinics available for video teleconference consultations was 19. In the past year, the following clinics have become available for telehealth video conferencing and treatment following initial consultation with a provider: Neurology; CCU Isolation Room for emergency infectious disease response; Ear, Nose and Throat clinic; Primary Care to Anchorage Service Unit communities; Women's Health; Sleep Lab; Maternal Fetal Medicine; Palliative Care; Pediatric Neurology; Pain Clinic; and Neurosurgery.



**ANTHC expands travel management to serve Medicaid beneficiaries for select Tribal partners**  
This service allows the ANMC Travel Management Office to provide prior authorization and travel coordination for Alaska Native and American Indian Medicaid beneficiaries traveling to ANMC for care. By elevating ANTHC's role in coordination and management of Medicaid-approved travel, our intention is to provide a higher level of customer service and create efficiencies in travel. This new service has been years in the making and is now an important part of the State of Alaska's Medicaid reform plans.



**ANTHC partnered with the State to help our people battling depression and suicide** by creating a clinical social work position, ANTHC Rural Aftercare Coordinator, at the State of Alaska Psychiatric Institute (API). This position was possible through the Indian Health Service Methamphetamine and Suicide Prevention Grant. A Licensed Clinical Social Worker is currently in this position and providing aftercare coordination to Alaska Native and American Indian people and patients served only by rural Tribal health care facilities and discharged from API for suicidality. ANTHC's goal with the implementation of this new position is to reduce suicidality and associated psychiatric hospital readmissions.

### Statewide Partnerships by the numbers

- 1,500 ANTHC enrollees in Medicaid expansion
- 30 ANMC specialty clinics available for telehealth consultation
- 60 percent of outpatient visits available on shared electronic health record in Alaska Tribal Health System





PHOTO BY JOSH GENUINO, COURTESY ALASKA DISPATCH NEWS

# HEALTHY ALASKA NATIVES FOUNDATION

The Consortium’s charitable arm, the Healthy Alaska Natives Foundation, works with donors and volunteers to raise awareness and funding for the unmet needs of our health care system. The Foundation inspires good health through support for unique wellness events, providing assistance for those in need and special purchases of equipment that improves medical care at the Alaska Native Medical Center.

Thanks to the generosity of our supporters, the Healthy Alaska Natives Foundation is making a difference.

## Our donors in 2016

The Healthy Alaska Natives Foundation offers sincere and abundant thanks to our donors, who make it all possible. Even though Alaska’s communities are separated by hundreds of miles, when it comes to health, we are all connected. Thank you for joining us in bringing essential services to individuals and communities in need.

<b>Founder’s Circle</b> (\$25,000 and above)	<b>Visionaries Circle</b> (\$10,000 to \$24,999)	<b>Legacy Circle</b> (\$5,000 to \$9,999)	<b>We also thank our very important partners:</b>
Myra Munson	Arctic Slope Native Association	Alaska Communications	John Kakaruk and Kyann Olanna
Neeser Construction, Inc.	Anchorage Valley & Radiation Therapy Centers of Alaska	Alaska Native Tribal Health Consortium	Plastic Surgeons of Alaska
The Rasmuson Foundation	Gary Brownell	ARAMARK	Harold Schneider, Jr.
	GCI Healthcare	Association of American Indian Physicians	Sonosky, Chambers, Sachse, Miller & Munson, LLP
	Key Bank Foundation	Calista Corporation	Tanana Chiefs Conference
	Providence Health & Services Alaska	Crothall Healthcare, Inc.	The Cerner Corporation
		Doyon, Limited	Ukpeagvik Iñupiat Corporation
		Roald and Carly Helgesen	Wells Fargo Bank Alaska
		Nacole Heslep	Xtend Healthcare
		Jim and Shanda Lohse	

## Some of the needs our donors helped us support

<b>Patient Care</b>	<b>Healthy Kids</b>	<b>Healthy Communities</b>
Cancer Care Program holiday support for families	Lori Lange Memorial Toy Fund support for toy purchases, pediatric patient fun supplies	Support for Injury Prevention awareness efforts
Equipment for Colorectal Cancer Screening Program	Birthing simulator for NICU providers to simulate high-risk deliveries	Water is Life murals and community engagement
Equipment for Inpatient Orthopedics pre- and post-operative orthopedic and neurosurgery patients	Safe sleep wearable blankets for newborn babies at ANMC	Immunization resources and promotional materials for providers and clinics throughout the Alaska Tribal Health System

For a full listing of donors and more information on the initiatives supported by the Foundation, please visit [www.inspiringgoodhealth.org](http://www.inspiringgoodhealth.org).

## Our Leadership: Foundation Oversight Committee

<b>Charlene Nollner, Chair</b> Copper River Native Association	<b>Chief Gary Harrison</b> Chickaloon Native Village	<b>Robert Henrichs</b> Chugachmiut	<b>Andy Teuber</b> ANTHC Chairman & President
<b>Marissa K. Flannery</b> Sonosky, Chambers, Sachse, Miller & Munson, LLP	<b>Roald Helgesen</b> ANTHC CEO & Hospital Administrator	<b>Emily Hughes</b> Norton Sound Health Corporation	<b>Esai Twitchell</b> Yukon-Kuskokwim Health Corporation

Thank you to our 2016 committee members!



# BUILDING THE NEXT PHASE OF GROWTH in the ALASKA TRIBAL HEALTH SYSTEM

The Board of Directors for the Alaska Native Tribal Health Consortium helped set the path for our current successes and how to address our future challenges in pursuit of the vision that Alaska Native people are the healthiest people in the world. In their own words, the ANTHC Directors share their focus on our health priorities and our future growth.

## Our health priorities



“ANMC continues to improve its quality health services. We added more clinical space this year and were named as a 2016 Heroes of Healthcare recipient for our developing Palliative Care program.” – Marie Carroll, Arctic Slope Native Association



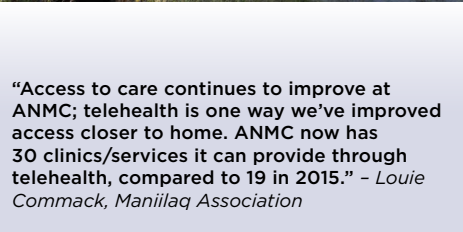
“Climate change is affecting Tribal members and communities across the state. The Consortium continues to partner with communities to implement clean energy and innovative solutions to reduce our effects on the environment while also reducing recurring costs.” – Chief Gary Harrison, Unaffiliated Tribes, Chickaloon Native Village



“Our traditional practices and foods are comforting to us; this is why the Consortium advocated for legislation allowing traditional foods to be served and is increasing the amount of traditional foods served to our patients.” – Andrew Jimmie, Tanana Chiefs Conference



We want our people to have timely access to care when they need it the most. The Consortium provides treatment to 96 percent of women within recommended guidelines after a breast cancer diagnosis.” – Lincoln A. Bean, Sr., SouthEast Alaska Regional Health Consortium



“Access to care continues to improve at ANMC; telehealth is one way we’ve improved access closer to home. ANMC now has 30 clinics/services it can provide through telehealth, compared to 19 in 2015.” – Louie Commack, Maniilaq Association



“Water and sewer services are an important factor in the health status of our people. The Alaska Rural Utility Collaborative implemented revolutionary hydronic thaw recovery systems in multiple communities. These systems are more economical and shows an understanding of the challenges in our rural communities.” – Esai Twitchell, Yukon-Kuskokwim Health Corporation

## Our future growth



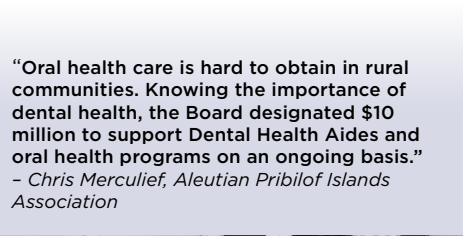
“Our campus has noticeably improved over the last few years; our improvements have resulted in significantly better access to care for our people.” – Robert Henrichs, Chugachmiut, Native Village of Eyak



“Our Patient Housing journey began many years ago. Thanks to the Healthy Alaska Natives Foundation and its donors, the new lodging will have amenities that make it comfortable for guests and provide ways for others to support us.” – Charlene Nollner, Copper River Native Association



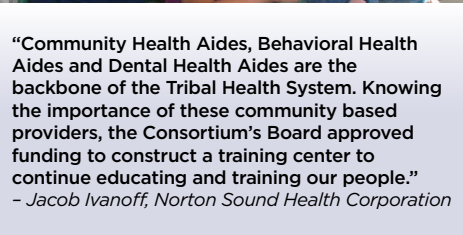
“Supporting our rural health programs is one of our most important tasks. To assist our communities, we’re creating an after-hours patient call center to assist our people in accessing medical advice.” – Linda Clement, Metlakatla Indian Community



“Oral health care is hard to obtain in rural communities. Knowing the importance of dental health, the Board designated \$10 million to support Dental Health Aides and oral health programs on an ongoing basis.” – Chris Merculief, Aleutian Pribilof Islands Association



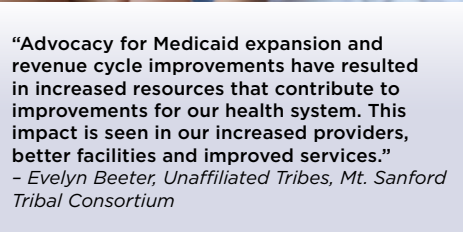
“Research improves the health of Alaska Native people and remains a key component of our work. A six-year collaborative research project with the Mayo Clinic on tobacco cessation in pregnant Alaska Native women, will be concluded this year. We look forward to sharing these results.” – Robert J. Clark, Bristol Bay Area Health Corporation



“Community Health Aides, Behavioral Health Aides and Dental Health Aides are the backbone of the Tribal Health System. Knowing the importance of these community based providers, the Consortium’s Board approved funding to construct a training center to continue educating and training our people.” – Jacob Ivanoff, Norton Sound Health Corporation



“Looking at today and tomorrow, it is an awesome responsibility to ensure that the Alaska Native Medical Center continue to meet and strengthen the statewide needs of the Alaska Native/American Indian population.” – Dr. Katherine Gottlieb, Southcentral Foundation

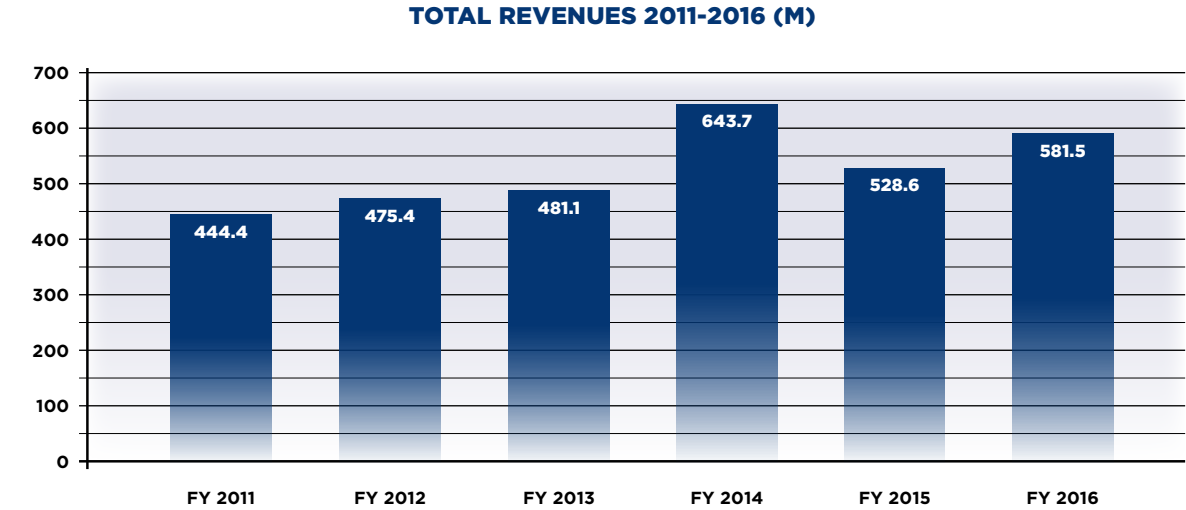
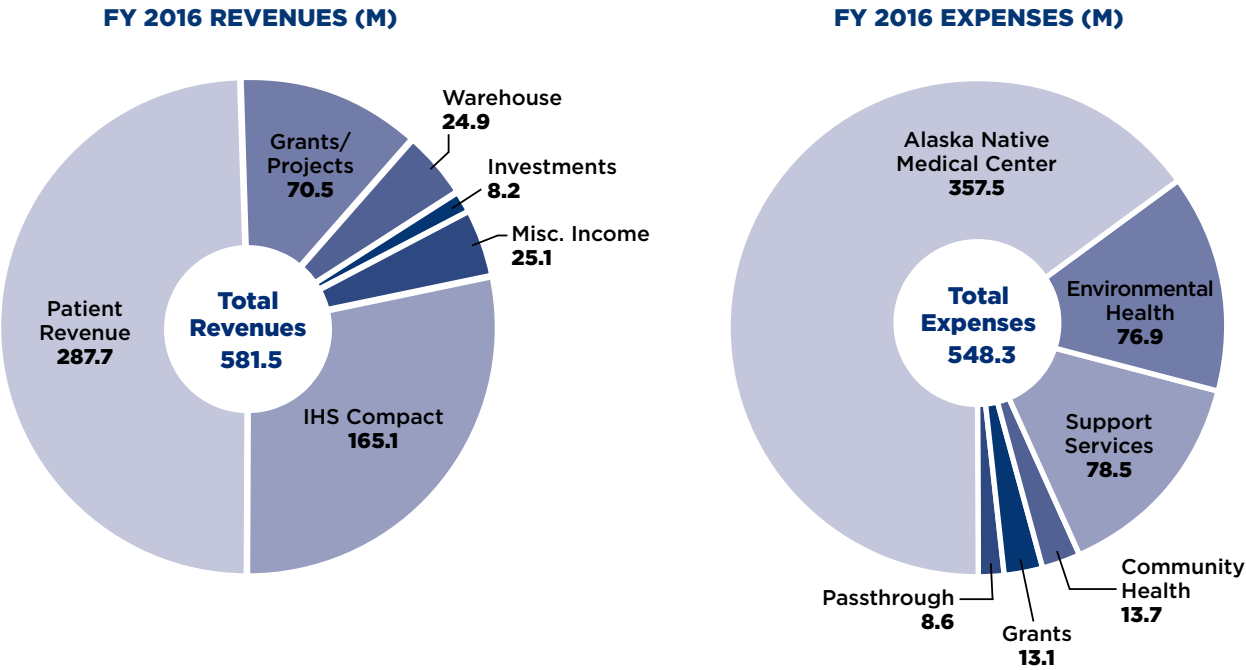


“Advocacy for Medicaid expansion and revenue cycle improvements have resulted in increased resources that contribute to improvements for our health system. This impact is seen in our increased providers, better facilities and improved services.” – Evelyn Beeter, Unaffiliated Tribes, Mt. Sanford Tribal Consortium

Stay up to date  
on our latest work  
to build better health  
at [anthc.org/news](http://anthc.org/news).



# FINANCIAL SUMMARY



This financial summary is preliminary as of October 31, 2016, and is subject to a formal audit for the 2016 fiscal year.



PHOTOGRAPHY CREDITS:  
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Mark Meyer  
Alaska Dispatch News  
ANTHC staff





ALASKA NATIVE  
TRIBAL HEALTH  
CONSORTIUM

OUR VISION:

*Alaska Native people are the  
healthiest people in the world.*

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