Rapid at-home testing for COVID-19

Get fast results in the comfort of your home. No registration needed.

About the at-home COVID-19 test

The COVID-19 at-home rapid antigen test checks to see if any COVID-19 proteins are present in your nose with a simple swab. This test can be used whether or not you have symptoms related to COVID-19.

The test only takes about 15 minutes to complete and get results. Inside the kit, you'll find two tests. A person should take both tests; the 2nd test should be done between 24-36 hours after the 1st test to help confirm results if your first test was negative. Specific instructions are provided with your test kit.

At-home COVID-19 antigen tests are faster than lab-verified PCR tests, but are not as sensitive. This means that a positive result is very accurate, but a negative result does not rule out COVID-19.

WHAT TO DO WITH YOUR RESULTS

- **If you test positive:** A PCR test is not needed to confirm positive results. Isolate immediately and call your provider, even if you do not have symptoms. The CDC recommends isolating for at least 5 days, but may be up to 10 days. Wear a tight fitting mask on days 6-10, as you may still be contagious. Notify anyone you were in close contact with that you tested positive.

- **If you test negative and you have symptoms:** Consult with your provider, who may ask you to get a PCR test to verify.

- **If you test negative and have no symptoms:** Monitor yourself for any symptoms and follow CDC recommendations if you were exposed to someone with COVID-19. Consider repeating the test 24-48 hours later. Multiple negative tests increases the confidence that you are not infected with COVID-19.

- **Monitor your symptoms:** Call your provider if your symptoms worsen or if you have questions. If you have these signs, seek emergency care immediately: trouble breathing, persistent pain or pressure in chest, new confusion, not being able to stay awake, pale/gray/blue-colored lips or skin.

PATIENTS WITH SPECIAL CONSIDERATIONS

- **High-risk patients:** If you test positive for COVID-19, and are an Elder or high-risk for complications, contact your provider to discuss treatment options. The sooner treatment is started, the more effective it will be.

- **Travel or pre-procedure testing:** If you need COVID-19 test results for travel, prior to a procedure or other validated reason, verify if you will need a PCR test instead of an at-home rapid test.

Specialty Care Services

For more information

Call the ANMC COVID-19 results line at (907) 729-2999 for further guidance. More information is also available at anthc.org/COVID19.

For the most up to date information on COVID-19, please visit the CDC Coronavirus Disease 2019 (COVID-19) website: cdc.gov/COVID19 or contact your primary care provider.

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