



# Behavioral Health Wellness Clinic

Alaska Native Tribal Health Consortium

## Healing Complicated Grief

*Are you grieving the death of a loved one?*

*Months after their passing, does grief continue to impact your daily life?*

*Is it a struggle to engage in relationships, work, or life in general?*

*We are offering a small support group for those grieving the death of a loved one. In a provider-led group you will identify “stuck” points, learn strategies to address them, practice activities to help adjust to your loss, and build relationships with others who have a shared experience.*

*The group is closed, meaning after the initial cohort is identified, no new members will added.*

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**June 7 - August 23**  
**on Tuesdays from 4-5:30pm**  
**via Zoom**

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**For registration and inquiries :**

907-729-2492

[bhwc@anthc.org](mailto:bhwc@anthc.org)

