

WELCOME

Addiction Medicine ECHO Clinic



The session will begin promptly at 12 pm.



Please mute the audio on your device.



Sessions take place Thursday on the 2nd and 4th week of the month.



Please connect your camera.

Need technical assistance? Call [907-317-5209](tel:907-317-5209) or text your phone number into the chat.



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM



Foundation for
Opioid Response Efforts

Recording

We will record the **didactic portion** of every session. After the session, the didactic portion of this clinic will be available on the ANTHC Addiction Medicine ECHO page.

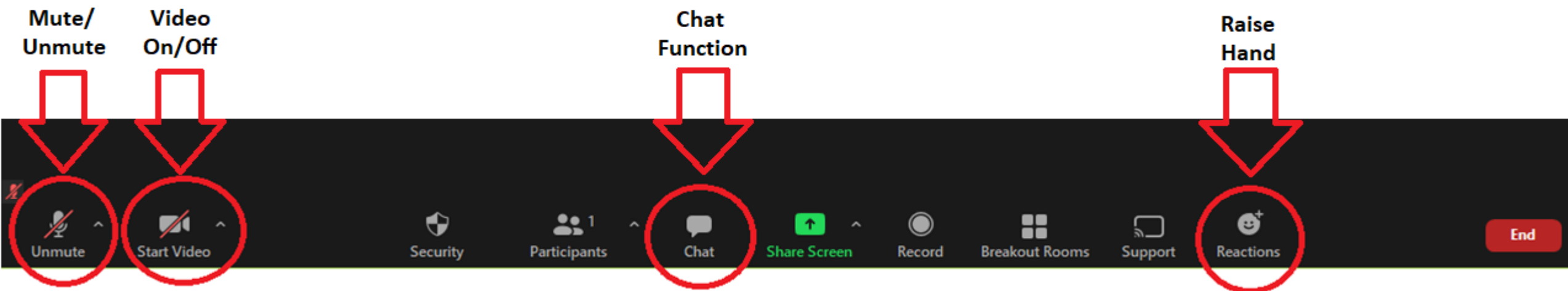
By participating in this clinic you are consenting to be recorded.

If you do not wish to be recorded, please email behavioralhealth@anthc.org at least one week prior to the ECHO Clinic you plan to attend.

Some Helpful Tips

- ▶ Please mute microphone when not speaking
- ▶ Use chat function
- ▶ Position webcam effectively
- ▶ Test both audio & video

Need technical assistance? Use the chat function or call 907-317-5209



ANTHC Clinical ECHO Series

Approved Provider Statements:



In support of improving patient care, Alaska Native Medical Center (ANMC) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Contact Hours:

ANMC designates this activity for a maximum of 25 contact hours, including 12 total pharmacotherapeutics contact hours, commensurate with participation.

Financial Disclosures:

None of the presenters and planners for this educational activity have any relevant relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Approved for 1 CHAP CE

Conflict of Interest Disclosures:

None of the presenters and planners for this educational activity have any relevant relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Requirements for Successful Completion:


To receive CE credit be sure you are included in attendance record as directed by the facilitator/session moderator, and complete the course evaluation or post session survey via this link: <https://forms.gle/QhwCeGTf4zLNwpBX7>

For more information contact Jennifer Fielder at jfielder@anthc.org or (907) 729-1387

Welcome and Introductions

Addiction Medicine ECHO

- Name
- Location
- Profession/Credentials

The background is a dark blue gradient with a subtle pattern of white dots. Overlaid on this are several faint, light blue circular graphics. These include concentric circles, dashed lines, and arrows indicating a clockwise direction. Some of the circles have numerical markings around their perimeters, such as 150, 160, 170, 180, 190, 210, 220, 230, 240, 250, and 260.

INTEGRATED CARE: ROLE OF CASE MANAGEMENT, PEER SUPPORT AND BEHAVIORAL HEALTH

ANNETTE HUBBARD, BHA
OUTREACH COORDINATOR
HARM REDUCTION ADVOCATE
MAT CASE MANAGER

CONFLICT OF INTEREST DISCLOSURE

- No conflict of interest to disclose

OBJECTIVES

- Participants will demonstrate understanding of ways to strengthen addiction medicine through integrated care services
- Participants will be able to identify gaps in addiction medicine through enhancing peer support, case management, and behavioral health

4 DIMENSIONS THAT SUPPORT RECOVERY

1. **Health** — overcoming or managing one's disease(s) or symptoms and making informed, healthy choices that support physical and emotional well-being.
2. **Home** — having a stable and safe place to live.
3. **Purpose** — conducting meaningful daily activities and having the independence, income and resources to participate in society.
4. **Community** — having relationships and social networks that provide support, friendship, love and hope.

CASE MANAGEMENT

- When working with people who experience substance use, we find that they have a complex array of needs.
 - Housing, medication appointment management, employment, social skills
- The role of the case manager is to undertake assessment, monitoring, planning, advocacy and linking of the consumer with rehabilitation and support services. Its function is clearly illness management and relapse prevention. (Case Management, TIP 27)
 - Gathering information prior to their intake appointment
 - Checking in with patients prior to appointments
 - Linking patients to services internally/externally

OTHER THINGS....

- Engage clients in various community settings
- Develop and implement strategies, along with multi-disciplinary team members, to provide outreach services to hard-to-reach youth and young adults currently using or at-risk for using opioids or other substances.
- Utilize motivational interviewing, harm reduction, and rapport-building techniques to enhance client engagement in the program.
- Utilize a wide variety of case management and outreach interventions to meet client's needs and engage them where they are at.
- Provide supplies, resources, and basic health education to support clients in making informed decisions about their substance use and treatment options.
- Support clients in accessing appropriate treatment for substance use disorders, mental health concerns, and medical conditions.
- Utilize recovery-focused and strength-based approaches to support clients in improving access to treatment and reducing health risk factors.
- Provide resources and community linkages to clients to remove barriers to accessing treatment.
- Collaborate with counselors, therapists, doctors, supervisors, and other providers on the MAT team to provide timely care to clients and monitor safety concerns.
- Facilitate daily workflow within department
- Coordinate client appointments with counselors/medical staff
- Assist with referrals
- Add client programs to the electronic health record

PEER SUPPORT

- As the process of giving and receiving nonprofessional, nonclinical assistance from individuals with similar conditions or circumstances to achieve long-term recovery from psychiatric, alcohol, and/or other drug-related problems.
- Many patients/clients/consumers would “rather” connect with someone with similar shared life experiences
- Research has found that active participation in peer support groups can lead to self-advocacy, increased self-esteem, confidence, positive feelings of accomplishment, positive reinforcement and an increase in their own ability to cope with life’s challenges.
- Through shared understanding, respect, and mutual empowerment, peer support workers help people become and stay engaged in the recovery process and reduce the likelihood of relapse.
([SAMHSA](#))

MORE....

- Peer support workers engage in a wide range of activities. These include:
 - Advocating for people in recovery
 - Sharing resources and building skills
 - Building community and relationships
 - Leading recovery groups
 - Mentoring and setting goals

Hire people in recovery to work in your clinic

ONLINE PEER SUPPORT

- [MARA International](#)
- [Harm Reduction Peer Support Meetings](#) (INCLUDES ABSTINENCE!!!)
- [Alaska NA Meetings](#)
- [White Bison](#)

BEHAVIORAL HEALTH

- “Pills don’t create skills”-Podcast
- Counseling and more specialized psychotherapies seek to change behaviors, thoughts, emotions, and how people see and understand situations. Medications for mental and substance use disorders provide significant relief for many people and help manage symptoms to the point where people can use other strategies to pursue recovery.
- Counseling can help address:
 - Root cause of addiction- their why
 - Help develop tools/a game plan for the present and the future
 - A great place to talk about the current issues that you’re addressing in your life as you are working on making the changes in your life (“People in my life don’t believe that I am trying to change”)

TIPS

- Co-located services
- Same day appointments
- Hire people in recovery
- “Contract” with organizations
- Keep things simple
- Keep intake process simple
 - Keep paperwork minimal for all parties (minimal but necessary)
- Low threshold care (Motivational Interviewing)

Case Presentation

Project ECHO's goal is to protect patient privacy

- ▶ To help Project ECHO accomplish that goal, please only display or say information that doesn't identify a patient or that cannot be linked to a patient.
- ▶ **References:** For a complete list of protected information under HIPAA, please visit www.hipaa.com

Thank you for joining us today.
We appreciate your participation and hope
to see you at the **NEXT ECHO Session:**
October 14, 2021 from 12pm -1 PM

You will be receiving a follow up survey that we hope you will complete to help us improve. If you are requesting continuing education credits, you will be required to complete the survey to receive your CEs.

