

WELCOME

Addiction Medicine ECHO Clinic



The session will begin promptly at 12 pm.



Please mute the audio on your device.



Sessions take place Thursday on the 2nd and 4th week of the month.



Please connect your camera.

Need technical assistance? Call [907.729.2622](tel:907.729.2622) or text your phone number into the chat.



Recording

We will record the **didactic portion** of every session. After the session, the didactic portion of this clinic will be available on the ANTHC Addiction Medicine ECHO page.

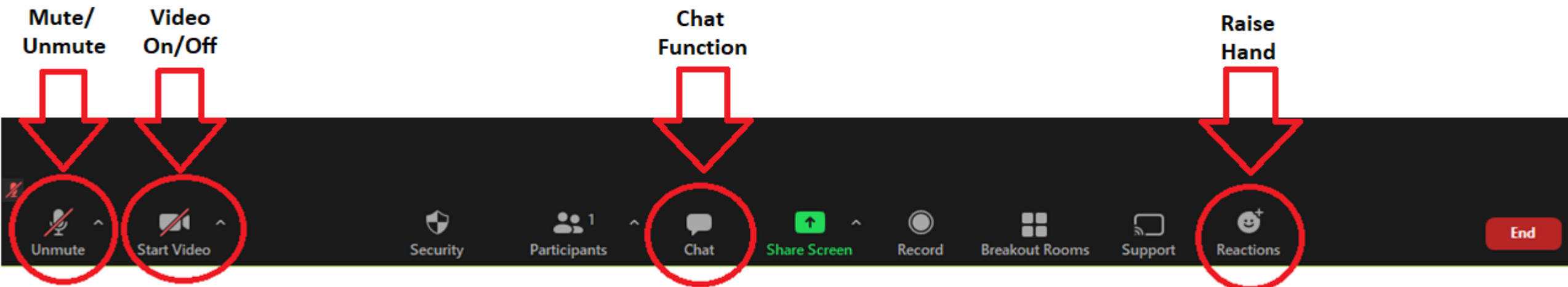
By participating in this clinic you are consenting to be recorded.

If you do not wish to be recorded, please email behavioralhealth@anthc.org at least one week prior to the ECHO Clinic you plan to attend.

Some Helpful Tips

- ▶ Please mute microphone when not speaking
- ▶ Use chat function
- ▶ Position webcam effectively
- ▶ Test both audio & video

Need technical assistance? Use the chat function or call 907-317-5209



ANTHC Clinical ECHO Series

Approved Provider Statements:



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Alaska Native Medical Center (ANMC) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Contact Hours:

ANMC designates this activity for a maximum of 25 contact hours, including 12 total pharmacotherapeutics contact hours, commensurate with participation.

Financial Disclosures:

None of the presenters and planners for this educational activity have any relevant relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Approved for 1 CHAP CE

Conflict of Interest Disclosures:

None of the presenters and planners for this educational activity have any relevant relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Requirements for Successful Completion:

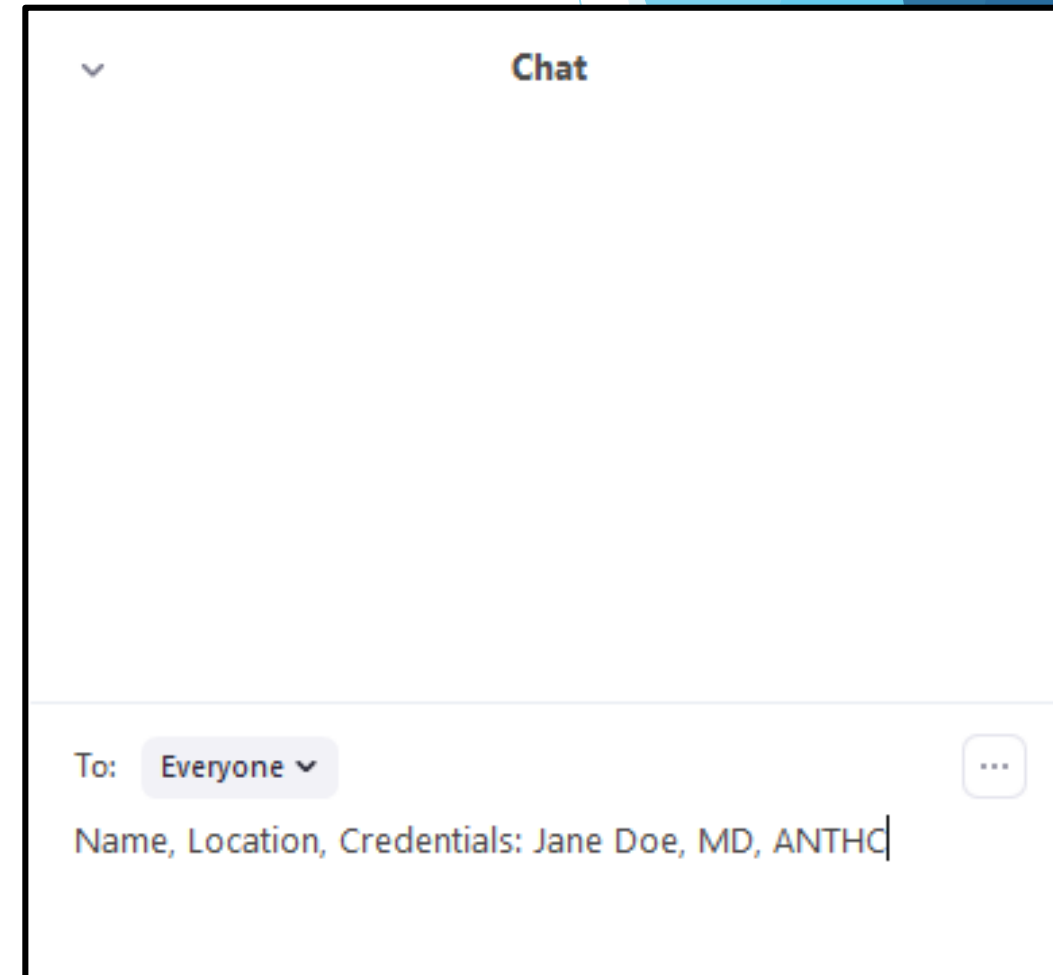
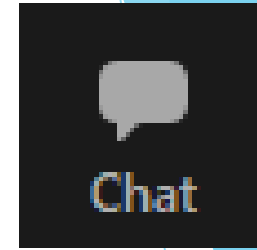
To receive CE credit be sure you are included in attendance record as directed by the facilitator/session moderator, and complete the course evaluation or post session survey via this link: <https://forms.gle/QhwCeGTf4zLNwpBX7>

For more information contact Jennifer Fielder at jfielder@anthc.org or (907) 729-1387

Introductions

Addiction Medicine ECHO

- Please introduce yourself in the chat :
 - Name
 - Location
 - Profession/Credentials
 - *Note:* The chat will be saved as our attendance record for continuing education credits.



HB6 (Kellsie's Law) and Opioid Awareness for Youth

Michael Carson, V.P. & Recovery Specialist @ MyHouse of Mat-Su (Homeless Youth Drop In-Center),
Chair of Mat-Su Opioid Task Force,
State Opioid Steering Committee (Partners for Change)
Email: carsons@mtaonline.net

Conflict of Interest Disclosure

▶ N/A

Objectives

- ▶ Participants will demonstrate and understanding of HB6 - Kellsie's Law and Kellsie's Lesson including describing the science of addiction to youth
- ▶ Participants will be able to identify the latest data related to the need for HB6

Background

- ▶ What is HB6 (Kellsie's Law) and Kellsie's Lesson?
 - ▶ Proposed mandated 1-hr lesson for middle and high school students on the science of addiction
 - ▶ Health education lesson plan designed to help address the improper use of pain medication (particularly opioids) by Alaska's high school students, per the 2019 Youth Risk Behavior Survey
- ▶ This lesson is dedicated to Kellsie, Christopher, Dylan, Jack, and all the youth across our state that have died due to drug overdoses.
- ▶ Newest Data - Fentanyl and 75% increase in drug overdoses 2020-2021

Lesson Plan

- ▶ Subject: Addiction and the Brain
- ▶ Level: Middle & High School Health Classes
- ▶ Outcome: Students will understand how addiction ‘rewires’ the circuits in the brain to assign ‘supreme’ value to opioids versus health, work, family, school, etc.

Science of Addiction for the Classroom

- ▶ **Visual:** Mailboxes and mailbox carriers - too much vs not enough mail
 - ▶ How opiates can change the brain including tolerance, dependence, and overdose
- ▶ **Topic:** Addiction, the brain and changes due to opioid use. In short, how the brain is hacked and whacked by opioids!
- ▶ Definitions of tolerance, dependence, and addiction

Addendums to Lesson

- ▶ **Addendum: Fentanyl “One Pill Can Kill”**
 - ▶ The drug epidemic has taken a dramatic shift upward with increased overdoses, since the conception of Kellsie’s Lesson.
 - ▶ Imagine a packet of Splenda. That is 1 gram. If Fentanyl, that could kill 500 people. 2mg of Fentanyl could fit on the end of a fork tine!
- ▶ **Addendum: 10 Drug Prevention Tips for Youth**
 - ▶ Suggested statements or actions that youth can use

Summary & Questions

- ▶ Current legislative efforts
 - ▶ Next steps for Kellsie's Law
- ▶ Questions ?

References

- ▶ Abuse, N. I. on D. (2014a, September 12). *The Swiss Cheese Model of Drug Addiction*. National Institute on Drug Abuse. <https://nida.nih.gov/videos/swiss-cheese-model-drug-addiction>
- ▶ Abuse, N. I. on D. (2014b, November 18). *The Reward Circuit: How the Brain Responds to Natural Rewards and Drugs*. National Institute on Drug Abuse. <https://nida.nih.gov/videos/reward-circuit-how-brain-responds-to-natural-rewards-drugs>
- ▶ Abuse, N. I. on D. (2019, March 11). *Teen Brain Development*. National Institute on Drug Abuse. <https://nida.nih.gov/videos/teen-brain-development>
- ▶ Abuse, N. I. on D. (2022, September 19). *Why are Drugs so Hard to Quit?* National Institute on Drug Abuse. <https://nida.nih.gov/videos/why-are-drugs-so-hard-to-quit>
- ▶ Acknowledgements:
 - ▶ Ms. Carmen Ashley, CDC/DIDD/NCHHSTP/DASH
 - ▶ Dr. Jay Butler, CDC/DIDD/OD
 - ▶ Dr. Joshua Sonkiss, Anchorage, Alaska
 - ▶ MyHouse of Mat-Su, Michelle Overstreet, CEO
 - ▶ Mat-Su Opioid Task Force Members

Case Presentation

Project ECHO's goal is to protect patient privacy

- ▶ To help Project ECHO accomplish that goal, please only display or say information that doesn't identify a patient or that cannot be linked to a patient.
- ▶ **References: For a complete list of protected information under HIPAA, please visit www.hipaa.com**

Thank you for joining us today.
We appreciate your participation and hope
to see you at the **NEXT ECHO Session:**
February 23rd, 2021 from 12pm -1 PM

You will be receiving a follow up survey that we hope you will complete to help us improve. If you are requesting continuing education credits, you will be required to complete the survey to receive your CMEs.

