

ANMC Dermatology eConsult (Teledermatology) Guidelines



eConsult (Teledermatology) is a telehealth method that involves collecting and transmitting patient information, such as medical history, diagnostic data, and high-resolution images to request a specialist's opinion and/or ask for guidance on a specific issue.

The dermatology provider will perform a written consult which will be sent to the referring provider clinic. The referring provider will be responsible for carrying out recommendations.

Adhering to dermatology eConsult (Teledermatology) guidelines is crucial for: ensuring accurate diagnosis and treatment, receiving faster specialist input, and optimizing patient outcomes. By following these guidelines, your team can help deliver high-quality, efficient, and patient-centered care.

Submit your request:

AFHCAN Form: Request for Telemed Consult: Dermatology eConsult (Teledermatology)

Oracle Referral Order: Referral, ANMC Dermatology eConsult (Teledermatology)

Direct Secure Message: ANMC_Dermatology_Referral@direct.anthc.org

ANMC Dermatology accepts eConsult requests for the following **Diagnoses:**

- Rash not yet diagnosed
- Eczema
- Psoriasis
- Acne
- Rosacea
- Warts
- Seborrheic dermatitis
- Seborrheic keratosis
- Melanotic nail streaks

Patients who have other diagnoses may be scheduled for a dermatology evaluation to be seen in-person or by video appointment.

ANMC Dermatology Clinic

Healthy Communities Building 3900 Ambassador Drive, 3rd Floor Anchorage, AK 99508

Phone: 907-729-1933 Fax: 907-729-1506

Hours: 8am-4:30pm, M-F

Please include the following information when submitting your request:

- 1. The patient and I discussed the risks and benefits of referring them for a virtual telehealth consultation. Risks include potential breaches in privacy and lack of a physical exam. However, in order to expedite care and prevent delays, the patient and I agreed the benefits of a telemedicine consult outweigh the risks. The patient provided informed consent to participate in today's telemedicine consult.
- 2. Patient history should include:
 - Diagnosis
 - Location on body
 - Time of onset
 - Symptoms
 - Phases of progression
 - Treatments already tried and their outcomes
 - Past history of skin problems
 - Medication list
 - Allergy List
- 3. Please send in multiple **Images** that include:
 - Ruler for scale
 - Focused close up view
 - Regional view with anatomic landmark
 - Side view for height and surface
 - Labels including body part and laterality
- Include name of person for receiving recommendations back and preferred method of communication to send back final consult note.

ANTHC Telehealth Program Development

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